

July 7, 2014 Meeting 7 PM at the Southpoint Marriott, Jacksonville, FL

Annual Swap Meet and Fly Tying Demonstration

ife nagging you to get ride of some of your old fishing tackle, which you don't use any more? Looking to get a good deal on some slightly used fly fishing gear? Got an old outboard in the corner of the garage you've been meaning to put on Craig's List? Need some extra cash and find the idea of selling your blood plasma none to appealing? Looking for a good bargain on someone else's old stuff?

If you answered "Yes" to any of these questions then plan to attend the First Coast Fly Fisher's Annual Swap Meet to buy, sell or trade fly fishing and outdoor-related items. In addition to having a wide selection of outdoor



gear to haggle over, there will be fly tying demonstrations. The Club will also be providing food and drinks for all those that attend.

If you have any fly fishing or outdoor related gear you are looking to trade or sell you are more than welcome to bring it to the meeting. We ask that you bring only fly fishing, hunting, camping or other outdoor-related items. There will be tables set up for you to display your wears.

To spice things up a bit this year, we will be giving away **Gift Certificates** at the Swap Meet. Everyone who attends the July 7th meeting will have an opportunity to win one of ten \$50 Gift Certificates from wither **Blackfly Outfitters**, **Saltwater Fly Tyers** or **Black Creek Outfitters**. Everyone who is a member in good standing as of the meeting, will have an opportunity to win a \$100 Gift Certificate from Blackfly Outfitters. However, to claim the gift certificate you must attend an upcoming meeting before December 2014.

Bring your fly rod and get casting lessons before the meeting with Casting Gurus Dave Lambert and Dick Michaelson.

On the Cover:

Dick Michaelson with a nice large mouth bass caught a the University of North Florida

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To the Northern Woods

By Scott Shober

It was all coming together. My boss had given me the OK to telecommute for a couple of days on both ends of a vacation in the Northern Woods. I called Dave Lambert and got the name of a guide friend of his in Wisconsin. The plan was to travel to Minnesota, work a couple of days at the beginning of the week. My wife and I would then travel to my sister-in-law's lake cabin in Northern Wisconsin for a week of fishing and relaxation. I would be doing the fishing and my wife would be the one relaxing. and then head back down to Minneapolis to work out the remainder of the week, before heading back to Jacksonville.

It looked like we would be about two-and-a-half hours away from Lambert's guiding friend, Dave Sconzert. I was hoping he might have a spot somewhere between us that we could meet and plan to fish. Lambert and Sconzert have a mutual respect for one another. It was evident when I spoke to Dave Sconzert on the phone. He had just returned from a trip to Yellowstone and parts of Wyoming and was itching to get on his home waters to wet a line. Dave and I discussed a few possibilities and he suggested I call back the next day around noon. In the meantime, he would make some phone calls and consult a few internet sites to check the latest conditions. He wouldn't schedule a trip it the conditions were not favorable. I called him back the following day and he delivered the bad news: most of the area's rivers were blown out and Dave felt the fishing would not be any good. By this time of year, Dave has usually has usually completed nine or ten guided trips. But, a cold winter and late snowmelt coupled with lots of spring rains have kept Dave and his clients off the water.

So, I was on my own. Before our trip I did a fair amount of research. Washburn County, Wisconsin where the cabin is located, has over 20 Class I trout streams and over 900 lakes. Gilmore Lake, where the cabin is located, is one of 475 lakes that actually have names. The jewel of the area is the Saint Croix River National Scenic Riverway, which is just minutes away from the cabin. The St. Croix River is one of the last undisturbed, large floodplain rivers in the upper Mississippi River System. It is a federally protected corridor with public access points for canoe and kayak launch-

ing, and campsites all along the river. It is a beautiful stretch of water.

My brother-in-law had kayaks, a canoe, and a paddle boat for us to use during our stay. After our first day at the cabin I was itching to get on the water. At 36 acres, Gilmore Lake is 36 acres is home to panfish, largemouth bass, northern pike, and walleye. Since the kayaks and canoe were still up in the garage, the paddle boat was the fastest and easiest means of getting on the water. Despite the late start, I figured there would be time to catch a few bluegills. I had never used a paddle boat before, but that didn't stop me from zigzagged over to some weedy areas that looked fishy. I rigged by 6-weight rod with a small yellow popper before leaving the dock. Once in position I proceeded to cast to the edge of a weed line. After several casts something hit my fly. Using my best northeast Florida redfish hookset the fly came shooting back at me and over my head. "Alright", I said to myself, "let's try this again." And with that I proceeded to make another cast, which quickly collapsed. Thinking I snagged some weeds, I pulled in my line so I could check the fly. Expecting to





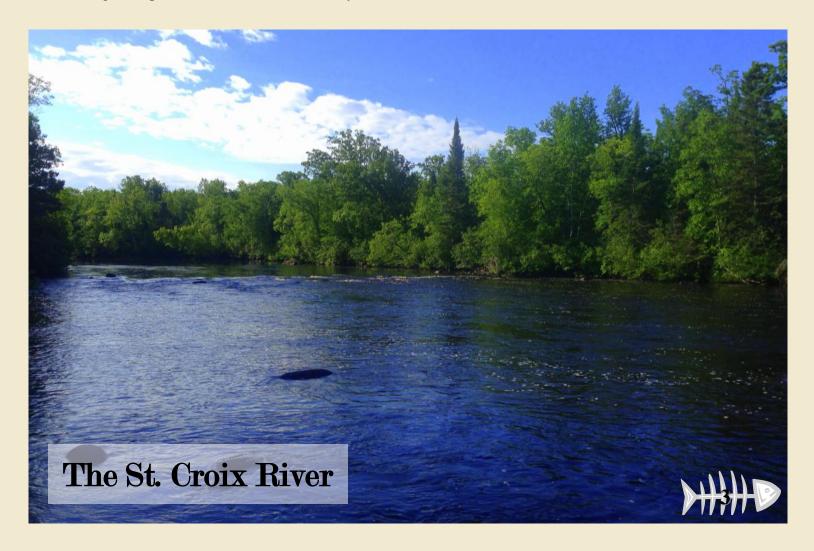
find my fly covered in vegetation, I was surprised to see first little Wisconsin panfish. Despite the fact that it was smaller than the palm of my hand, he didn't cast very well

During the summertime in the northern latitude, the sun doesn't set until 9:30. I took advantage fo the extra daylight and I continued to work the weed line. It proved to be beneficial, because I landed a nice largemouth bass. Thoughts of pan-fried bass filets flooded my mind

as I debated whether to release him back to the lake. Upon returning to the dock I was greeted by my young seven year old nephew. "Well, I guess you're not observing the family tradition of catch and release?" To which I quickly replied, "Well Hayden, I didn't have my camera and no-one would have believed me if I hadn't brought it in."

The next day brought heavy rain and an emergency call from work. I ended up working all day. I'll trade a rainy vacation day for a sunny day at work anytime. Late in the day the weather cleared and we took a ride into the town of Hayward. I managed to find the Hayward Fly Fishing Company within our first five minutes of being in town. Shop owner Wendy Williamson gave me lots of advice. Namely, that it is too late in the season for trout fishing. According to Wendy, the streams and creeks are too warm (not to mention blown out). She recommended targeting smallmouth bass on the Saint Croix or Namekagon Rivers.

The next morning I was off to the St. Croix River, a nationally renowned smallmouth bass fishery. During the short 15 minute drive to the river I thought about Wendy told me. She recommended using an 8-wieight



rod for smallmouths to pull them out of the current. I had left my 8-weight in Florida thinking I wouldn't need more than a 6-wieght up in the north woods of Wisconsin. You make do. I began fishing a crawfish pattern, but the current was moving pretty fast. So, I switched to a green popper and worked the shoreline. Before long I had a good size smallmouth bass and quickly understood what Wendy was talking about. It took a while for me to land him with my 6-weight against the strong current.

Later that afternoon I returned to the cabin and fished the lake. I had lots of fun catching bluegills and sunfish. The bream were plentiful and good sided. A perfect was to cap the day.

It would take two lifetimes to fish all the streams and lakes in northern Wisconsin. I am grateful for the days I was able to spend on the water relaxing. Northern Wisconsin should be on everyone's list of places to fish. The St. Croix National Scenic Riverway is a treasure that shouldn't be passed up. It is diverse fishery with a storied history of being one of the best smallmouth bass rivers in the country.



Drum Man
Charters
with
Capt. James Dumas
Licensed and Insured

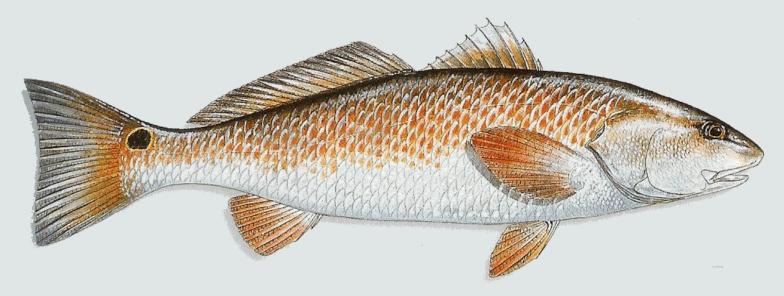
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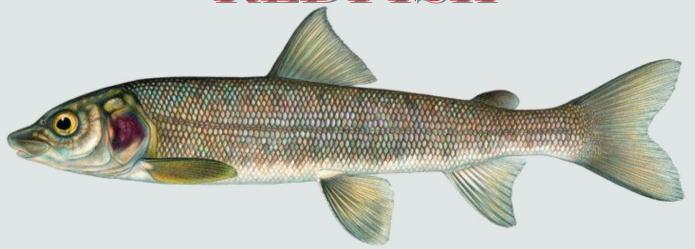
If I had one more day to spend in freshwater it would be floating a river for smallmouths.

- Lefty Kreh

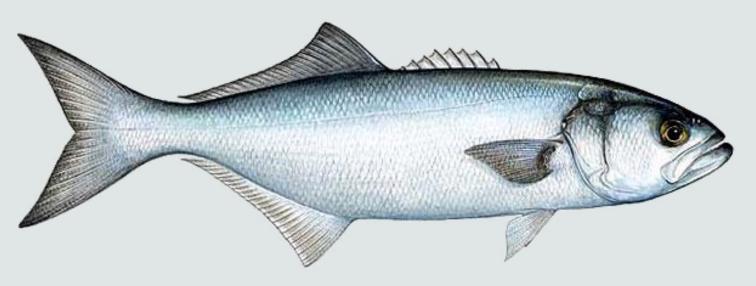




REDFISH



WEUTEFISH



BLUEFISH

Flycasting Skills - Valuable for Instructors and Students

Reviewed by David Lambert, MCI

Flycasting Skills for Beginner and Expert ©2013 John Symonds and Philip Maher Merwin Unwin Books, Hardback, color illustrations, 96 pages

ISBN-10: 1906122490 ISBN-13: 978-1906122492

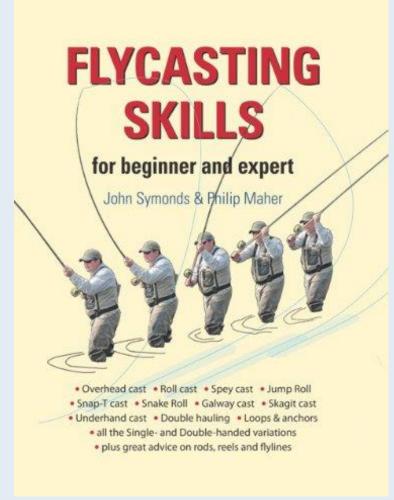
A new fly casting book, *Flycasting Skills for Beginner and Expert*, takes a unique visual approach to this business of delivering a fly to a fish. That approach, from co-authors John Symonds and Philip Maher, merges photo cut-outs of fly casters and line drawings to illustrate the sometimes difficult-to-capture motion and position of fly rod and fly line. It's a quick and very effective method of conveying rod movement and line position, one that minimizes the need for long-winded written explanations.

Still, clear explanations are provided, and those descriptions are knowledge-based and current. In fact, this is the first casting book we've read that employs many of the 'newer' fly casting terms — not surprising since the book's authors are APGAI (Advanced Professional Game Angling Instructors) and IFFF certified instructors. Symonds also has his IFFF two-handed certification.

At first glance, *Flycasting Skills for Beginner and Expert* would appear to be written for two-handed fly casters. But appearances, like opinions, can mislead: This book is every bit as informative and useful to single-handed casters as to their two-handed brethren.

All the casting basics are here, too. For beginning casters the authors have taken pains to parse out and clearly illustrate some of casting's more complex concepts. Casters with more experience will find varied and utilitarian casts here, from the simple overhead to more complex two-handed deliveries like snake rolls and snap -"T"s, all visually and interestingly detailed — accompanied by complete and clearly written texts.

What really sets this book apart from other casting manuals is the visual creativity of the product and that the authors dig a bit deeper than their competitors. They include sections on physics and chapters on fly rod char-



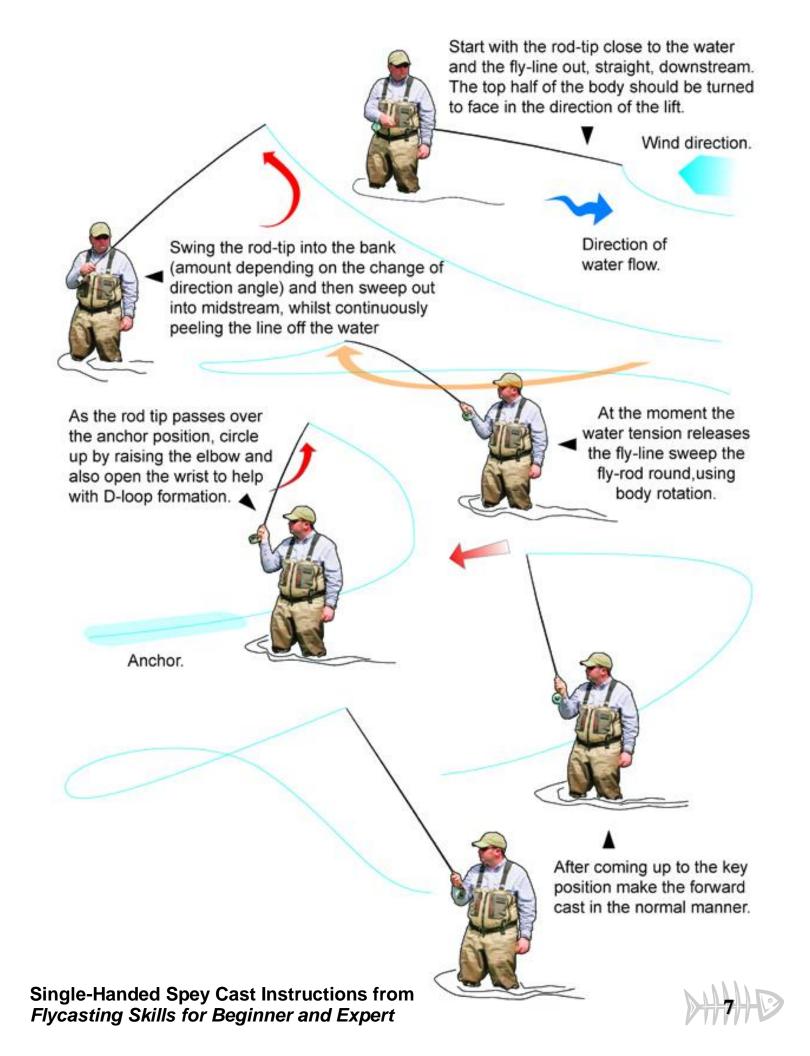
acteristics, for instance. They also include a chart of modern fly lines and provide a short glossary of casting terms (which is brave in a world which lacks agreed-upon casting definitions). All of which makes *Flycasting Skills for Beginners and Experts* as useful for fly casting instructors as for casters who wish to learn the skills independently.

Click here for contents:

http://merlinunwin.co.uk/bookPDFs/141.pdf

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Jan B. Cane's Performance Fly-Fishing Schools

Presents

Extended (5-Session) Fly-Fishing School

Continuing Education for the Most Discriminating Flyfisher

Jon Cave's Performance Fly-Fishing School is one of the premier programs in the country. Thousands of students have attended his schools including guides, fly shop owners, and casting instructors as well as avid anglers seeking the very best in fly casting instruction.

Like all Performance Fly-Fishing Schools, this comprehensive 5-session extended course (identical to one formerly offered by Jon for over 25 years at Seminole State College) is designed to take both beginning and highly experienced anglers from the fundamentals of fly casting to the most advanced techniques. Class meets twice a week in the late afternoon on Tuesdays and Thursdays for 2 1/2 consecutive weeks beginning at 6 pm and continuing until dark (normally at least past 8:30 pm in order to take advantage of summer's increase in daylight). The additional class hours provided over a 2 1/2 week period can yield remarkable results for those willing to put in the additional time. The 5-session extended school also affords students the advantage of having additional time between classes to better assimilate the detailed instruction and to perfect newly acquired skills.

Because class size is limited, Jon customizes the instruction for each student based on their individual experience, ability, and needs. Consequently, **individuals at all skill levels** can benefit regardless of whether they're making their first cast or just in need of a little tune-up. Topics covered include various casting strokes, distance casting, casting with accuracy, the double-haul, the pick-up, equipment, knots, and leader construction. Furthermore, the course reviews in-depth tactics, strategies, and techniques used to fly-fish for various species in fresh and salt waters. Recommended reading: *Performance Fly-Casting* by Jon B. Cave available at the school, bookstores, and on-line for under \$15.

Jon's unique and easy-to-understand instruction includes lectures, demonstrations, visual aids and lots of patient hands-on experience that will quickly make you a highly efficient caster. All classes are conducted at a private casting pond in the Black Hammock near Oviedo, Florida where each student is afforded time to test their new skills for bass and bream at the completion of class. Enrollment fee is \$295 per student for the complete class. A \$100 non-refundable deposit is required to assure a spot. Balance is due on the first day of class. *Please note that this school can <u>only</u> be offered during the months when Daylight Savings Time allows sufficient time in the afternoon for classes to be held after 6 pm – sometime between June 1 to September 30.

Next Comprehensive Extended 5-Session School begins: Tuesday, July 22 beginning at 6:00 pm (if you like, feel free to arrive as early as 5:30 to begin instruction)

Enroll early as class size is limited and openings always fill quickly. Call or email for availability

Please make deposit check payable to Jon B. Cave and mail it with name and phone number of ETE

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Fish Handling Techniques from the FWC

You can increase the survival rate of fish you release by using proper handling techniques.

Handle fish as little as possible and only with wet hands.

- Match tackle to the targeted fish to land it quickly and minimize stress on the fish. Large species such as sharks, billfish and tarpon should be brought alongside the boat within 20 minutes of being hooked. If you are consistently landing exhausted fish that require extensive efforts to resuscitate, consider using heavier tackle.
- If a fish needs to be handled, wet your hands. This reduces the amount of fish slime removed from the fish. Fish slime protectsdede the fish from infection and aids in swimming.
- A knotless, rubber-coated landing net is ideal when handling a fish since it supports the fish's body weight.
- Remember, fish swim horizontally! Never hold a fish by its jaw, gills or eyes.
- Large fish, such as tarpon, should not be boated or

- dragged over the gunwale of the boat because this could injure the internal organs of the fish.
- When holding a fish that has teeth, use a gripping tool to support the front of the fish, and use the other hand under the belly to evenly support the fish's weight.
 - Sometimes it's better to carefully remove the hook so it can be released, and other times it's best to cut the line as close to the hook as possible while the fish is in the water especially if it's large or agitated.
 - Never hold on to or tow a fish not allowed to be harvested to a different location to weigh or measure it.

Know and follow <u>current fishing regulations</u> and <u>how to accurately measure fish.</u>

Reduce handling by using a <u>dehooking tool</u>. Dehooking tools allow anglers to quickly release their catch while minimizing injuries and handling time.

Never "toss" a fish back! Always release your fish head first into the water. This allows water to be forced through the mouth and over the gills, essentially giving it a "breath of fresh air"



Fly Fishing History for Sale

t is said to be the birthplace of fly fishing. The three-mile stretch of the River Dove in Staffordshire England, once owned by Charles Cotton, where Izaak Walton contemplated the act of fly fishing, is up for sale. Walton and Cotton spent hours along the banks of the river experimenting with various fishing techniques. As a result of those experiments, Walton published his treatise on fishing, *The Compleat Angler* (sic) in 1653. Cotton built the fishing retreat in 1674 so he and Walton would have a place to rest while fishing. The crest Piscatoribys Sacrum (Sacred to Fishermen) is carved in stone above the temple's archway followed by Cotton and Watson's initials.

The storied property has been owned by Michael Collins and his family since 1953. Collins, a retired businessman in his 80s, is selling the property for £450,000 (\$763,000). Along with the one-room temple the deal includes 33 acres of uplands and the fishing rights to a 3 mile stretch of the River Dove. According to Mr. Collins "This is the cream of game fishing. It is positioned at the head of the river where you aren't bothered with any coarse fish that live in the bigger rivers like pike. It is purely game fishing, trout and graylings, which are wild and not farmed...It's lovely scenery and history makes it a very sought-after venue to fish."







Letters to the Editor

Dear Editor,

Shouldn't the Club have some kind of secret handshake or maybe a password like the Masons do? How else are we to distinguish our fly fishing brethren from bait fishermen?

Cheers, Secret Sam

Well Sam, your typical bait fishermen is glassy-eyed and smells like fish and shrimp. On the other hand, the average fly fisherman always looks pissed. That's probably because spent \$900 of a fly rod and has managed to catch only 3 fish to the bait fisherman's 20.

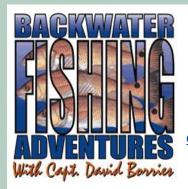
If that isn't enough to make a clear distinction for you then fear not. This month, the Club will be handing out membership cards to all members in good standing (that means you've paid your dues). Besides helping distinguish Club members from the typical bait fisherman, the membership cards will help you secure discounts from various shops and outfitters that support the Club. All you have to do is present your card when you make your purchase and you'll get a discount.

If you still want to have a secret handshake, make sure you let the rest of us in on the secret. Otherwise, we might think you are trying to get fresh.

-Ed.

Got a comment or a burning question? Send an email to the editor at <u>fcffnewsletter@gmail.com</u>.





Capt. David Borries'
Backwater Fishing
Adventures

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www.backwaterfishingadventures.com

Just a Reminder...

Soon, the FCFF Board will be forming a nominating committee, which will be seeking nominations for candidates to join the Board. The nominating committee will consists of the Past-President, one existing Board member and one general member. This three-person committee will responsible for identifying, vetting and nominating members to fill vacancies on the 2015 Board of Directors. If you are interested in serving on the nominating committee, contact Past-President Rob Benardo (rob.benardo@gmail.com) or current President Ryan Curley (rkcurley@yahoo.com). If you are willing to serve on the Board or if you would like to nominate someone, please contact either Rob or Ryan.





BONEFISHERMEN THAT PASS IN THE NIGHT





Twenty Questions W Bud Larsen

1. Where are you originally from and how long have you lived in the Jacksonville-Area?

I grew up in the northwest side of Chicago, Irving Park. However, emotionally I consider myself a mountain man. I was in east Tennessee during graduate school and with the VA hospital in Johnson City, TN. I came to Jacksonville in 1966.

2. What is your profession?

I retired after 50 years practice as a psychologist. I was initially a traditional clinical psychologist, but became interested in leadership and management; got cross trained, and spent the last half of my career an industrial/organizational psychologist.

3. Tell us a little something about your family?

My family consists of my awesome wife TL, three grown daughters, two son-in-laws, five grandchildren, and four great-grandchildren.

4. How long have you been fly fishing?

I began fly fishing with consistency 60 years ago. I chose to enroll in the University of Tennessee because, in addition to the excellence of their training program in psychology, Knoxville was 69 miles from Gatlinburg, the entrance to the Smoky Mountain National Park. Need I say more?

5. Who are your heroes?

My heroes are intellectual giants: William Buckeley, Thomas Sowell, Milton Friedman, and Charles Krauthammer.

6. Where is your favorite place to fish?

I can have more joy and satisfaction not catching rainbows and browns in the gorgeously beautiful Appalachian Mountains than not catching anything else anywhere else. Unfortunately I can no longer wade the smaller streams, and now must use a drift boat on the bigger waters.

7. With what person (living or dead) would you like to spend a day on the water?

I would most like to spend a day with Lefty Kreh. The breadth and depth of his knowledge and skills surpass all. He enjoys teaching, and sharing his wisdom. He is also fun to be with.

8. Aside from the obvious (rod, reel and flies) what piece of fly fishing gear do you consider essential to have with you on the water?

A wading staff (when I could still wade).

9. What is your "go-to" fly?

A Clouser. It catches everything that I want to catch.

10. What is your favorite fish to catch on a fly rod.

Bonefish, in the Bahamas.



11. If they made a movie about your life, what would the title be and what actor would play you?

I drew a blank on this question. There is nothing about my life that would provide the basis for a movie.

12. What book is on your night stand?

I have modified this question to what book are you reading now? George Gilders', "Wealth and Poverty", a new edition, 2012. My most boring subject in college was economics. But this book is interesting, indeed, fascinating.

13. What is on your iPod (i.e. what kind of music do you listen to)?

I don't own an iPod. On my car radio I have been listening to CD's of string quartets the last few years: Shostakovich, Bartok, and Mozart. Before that it was country and western, especially Willie Nelson.

14. How may fly rods do you own?

One 4wt, three 6wts, two 7wts, three 8wts, and two 9wts: eleven rods. I need to buy a 5wt and make an even dozen.

15. What is your favorite guilty pleasure?

Martinis, and margaritas - with a heavy coating of salt on the rim.

16. What is your idea of a perfect day on the water?

Casting well, not too much wind, catching at least one good fish, with a good companion.

17. Which talent or skill would you most like to have?

This question is easy to answer, but hard to perform. The ability to consistently cast a sinking-shooting head 70' - 80' upon the Roanoke, for spawning stripers.



18. If you could travel back in time, what year would you visit and why?

I am interpreting "visit" as observing like a fly on the wall, and not being able to participate. I would like to observe the process of the framers of the Constitution and the Bill of Rights. Unfortunately many, perhaps most, of today's senators and representatives aren't qualified to shine the boots of our founding fathers.

19. What is your most treasured possession?

For over twenty years my most favored possession was a 1911 Colt 45 pistol. However, it has been upgraded to a Sig-Sauer P229, in 357 Sig caliber.

20. What was the most significant moment of your life thus far?

This is the easiest question in the list. The night I met TL, 40 years ago.

Bonus Question: What has been your most memorable fly fishing trip?

My most memorable trip really made me a dedicated fly fisherman. I had caught trout now and then starting in 1954 without any significantly successful day over ten year's time. In the early 1960's with two friends, I back packed down into the upper water of storied Hazel Creek in the Smokes. The first day was cloudy and cool, and I caught nothing. The next day was bright and sunny. Before the day was over I must have caught 50 rainbows. The water was shallow and crystal clear. Most of the fish I caught I could clearly see. I didn't have many flies back then, nor did I have any chemicals to clean the fish slime off the flies. My dry flies became wet flies. There were too many trees overhead to attempt to false cast the flies dry, especially since I had only one fly rod, and It was 9' long. Fortunately the fish were not picky that day, and I got enough reinforcement to keep going with optimism.













Vaughn Cochran And Black Fly Outfitters

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First Coast Fly Fishing Unlimited

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If there are no dogs in Heaven, then when I die I want to go where they went.

- Will Rogers



altwater Flytyers has the largest selection of fly tying materials, tools and vices in northeast Florida. For those who don't tie flies, they have a full compliment of flies to catch anything that swims. They are also have a complete selection of Able Reels and Accessories, TFO Fly Rods, Patagonia Clothing, Nautilus Reels, Cortland Flyline, and ECO Fly Rods.

Every other Wednesday the Saltwater Flytyers offers free fly tying lesssons beginning at 6 pm. The next class is schedule for July 9th.

Be sure to check out their website, Facebook and Youtube pages for more information.

WWW.SALTWATERFLYTYERS.COM



of St Augustine

facebook

This Month's Outing...

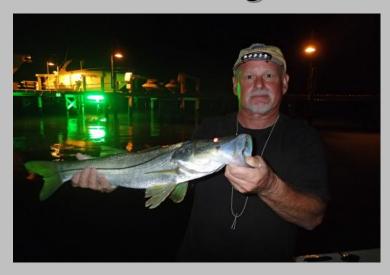
Saturday, July 26th at 8^{PM} Fishing the Jacksonville Dock Lights

egrettably, the Club had to cancel its planned outing to Stuart to fish for snook. But that doesn't mean you won't be able to fish the dock lights. Join us this month as we target the docks along Sisters Creek for reds, trout and whatever lurks in the deep at night.

High tide is 9:25 PM. The Club will meet at the Sisters Creek Boat ramp around 8:00 PM. We will plan to grill hamburgers and hot dogs before hitting the water.

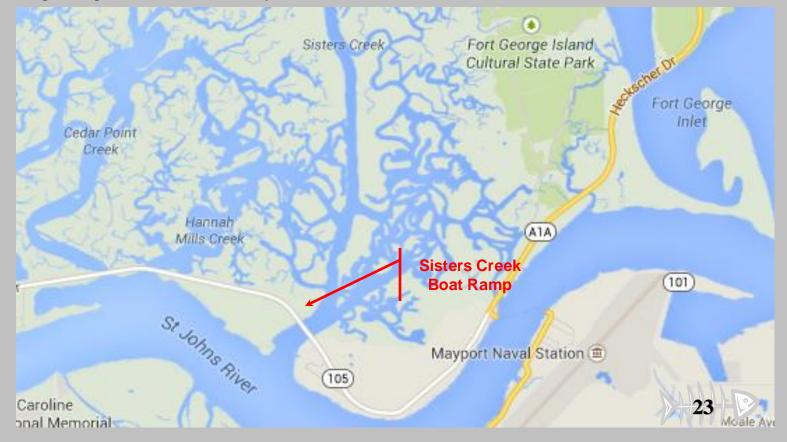
The ideal tackle for this outing will be an 8 or 9 weight rod with a floating line. Small white flies will work best, particularly ones tied to imitate glass minnows. You won't be needing sun screen, but plan to bring lots of bug spray (or cigars). Since this outing will be at night, be sure to bring a flashlight or headlamp along with spare batteries.

You will need a boat for this outing. If you don't have a boat, let Jeff Bivins know and he will make sure you are paired up with someone. Those of you with boats be



sure to check and make sure your lights are working properly.

If you have never fished the dock lights you are in for a good, if not interesting, time. There will be a sign-up sheet at the July meeting for those interested in attending the outing.



July 2014 Tides Mayport, Florida (Bar Pilot Dock)

Date		Time	Height		Date		Time Heigh		ight	ht Date		Time Height		ght
7/1/2014	Tue	5:39 AM	0.2	L	7/11/2014	Fri	1:45 PM	-0.9	L	7/21/2014	Mon	11:37 PM	0.3	L
7/1/2014	Tue	12:07 PM	4.1	H	7/11/2014	Fri	8:40 PM	5.4	H	7/22/2014	Tue	5:58 AM	4.2	H
7/1/2014	Tue	5:40 PM	0.5	Ĺ	7/12/2014	Sat	2:39 AM	-0.7	L	7/22/2014	Tue	11:41 AM	0	L
7/2/2014	Wed	12:16 AM	4.5	Н	7/12/2014	Sat	9:02 AM	4.6	Н	7/22/2014	Tue	6:35 PM	5	Н
7/2/2014	Wed	6:14 AM	0.3	L	7/12/2014	Sat	2:40 PM	-1.1	L	7/23/2014	Wed	12:30 AM	0.3	L
7/2/2014	Wed	12:46 PM	4.1	Н	7/12/2014	Sat	9:34 PM	5.5	Н	7/23/2014	Wed	6:51 AM	4.2	Н
7/2/2014	Wed	6:23 PM	0.7	L	7/13/2014	Sun	3:30 AM	-0.9	L	7/23/2014	Wed	12:32 PM	0	L
7/3/2014	Thu	12:54 AM	4.5	Н	7/13/2014	Sun	9:58 AM	4.7	Н	7/23/2014	Wed	7:23 PM	5	Н
7/3/2014	Thu	6:51 AM	0.4	L	7/13/2014	Sun	3:34 PM	-1.1	L	7/24/2014	Thu	1:20 AM	0.2	L
7/3/2014	Thu	1:27 PM	4.2	Н	7/13/2014	Sun	10:27 PM	5.5	Н	7/24/2014	Thu	7:39 AM	4.1	Н
7/3/2014	Thu	7:12 PM	0.8	L	7/14/2014	Mon	4:21 AM	-1	L	7/24/2014	Thu	1:20 PM	0	L
7/4/2014	Fri	1:34 AM	4.4	Н	7/14/2014	Mon	10:54 AM	4.8	Н	7/24/2014	Thu	8:07 PM	5	Н
7/4/2014	Fri	7:32 AM	0.4	L	7/14/2014	Mon	4:29 PM	-1	L	7/25/2014	Fri	2:05 AM	0.1	L
7/4/2014	Fri	2:11 PM	4.3	Н	7/14/2014	Mon	11:20 PM	5.4	Н	7/25/2014	Fri	8:23 AM	4.2	Н
7/4/2014	Fri	8:06 PM	0.9	L	7/15/2014	Tue	5:13 AM	-1	L	7/25/2014	Fri	2:05 PM	-0.1	L
7/5/2014	Sat	2:19 AM	4.3	Н	7/15/2014	Tue	11:49 AM	4.9	Н	7/25/2014	Fri	8:47 PM	4.9	Н
7/5/2014	Sat	8:17 AM	0.4	L	7/15/2014	Tue	5:27 PM	-0.7	L	7/26/2014	Sat	2:46 AM	0.1	L
7/5/2014	Sat	3:00 PM	4.4	Н	7/16/2014	Wed	12:13 AM	5.3	Н	7/26/2014	Sat	9:05 AM	4.2	Н
7/5/2014	Sat	9:03 PM	0.9	L	7/16/2014	Wed	6:07 AM	-0.9	L	7/26/2014	Sat	2:46 PM	0	L
7/6/2014	Sun	3:09 AM	4.2	Н	7/16/2014	Wed	12:45 PM	5	Н	7/26/2014	Sat	9:25 PM	4.9	Н
7/6/2014	Sun	9:07 AM	0.3	L	7/16/2014	Wed	6:30 PM	-0.4	L	7/27/2014	Sun	3:24 AM	0	L
7/6/2014	Sun	3:54 PM	4.5	Н	7/17/2014	Thu	1:06 AM	5.1	Н	7/27/2014	Sun	9:44 AM	4.2	Н
7/6/2014	Sun	10:01 PM	0.8	L	7/17/2014	Thu	7:04 AM	-0.7	L	7/27/2014	Sun	3:24 PM	0	L
7/7/2014	Mon	4:06 AM	4.1	Н	7/17/2014	Thu	1:42 PM	5	Н	7/27/2014	Sun	10:01 PM	4.8	Н
7/7/2014	Mon	9:59 AM	0.1	L	7/17/2014	Thu	7:35 PM	-0.1	L	7/28/2014	Mon	3:58 AM	0.1	L
7/7/2014	Mon	4:53 PM	4.7	Н	7/18/2014	Fri	2:01 AM	4.8	Н	7/28/2014	Mon	10:22 AM	4.2	Н
7/7/2014	Mon	10:59 PM	0.6	L	7/18/2014	Fri	8:02 AM	-0.5	L	7/28/2014	Mon	3:59 PM	0.1	L
7/8/2014	Tue	5:07 AM	4.1	Н	7/18/2014	Fri	2:41 PM	5	Н	7/28/2014	Mon	10:35 PM	4.8	Н
7/8/2014	Tue	10:54 AM	-0.1	L	7/18/2014	Fri	8:40 PM	0.1	L	7/29/2014	Tue	4:30 AM	0.1	L
7/8/2014	Tue	5:52 PM	4.9	Н	7/19/2014	Sat	2:59 AM	4.6	Н	7/29/2014	Tue	10:59 AM	4.3	Н
7/8/2014	Tue	11:57 PM	0.3	L	7/19/2014	Sat	8:59 AM	-0.3	L	7/29/2014	Tue	4:34 PM	0.3	L
7/9/2014	Wed	6:08 AM	4.2	Н	7/19/2014	Sat	3:43 PM	5	Н	7/29/2014	Tue	11:10 PM	4.7	Н
7/9/2014	Wed	11:51 AM	-0.4	L	7/19/2014	Sat	9:42 PM	0.2	L	7/30/2014	Wed	4:59 AM	0.2	L
7/9/2014	Wed	6:50 PM	5.1	Н	7/20/2014	Sun	4:00 AM	4.4	Н	7/30/2014	Wed	11:36 AM	4.3	Н
7/10/2014	Thu	12:54 AM	-0.1	L	7/20/2014	Sun	9:55 AM	-0.2	L	7/30/2014	Wed	5:09 PM	0.5	L
7/10/2014	Thu	7:07 AM	4.3	Н	7/20/2014	Sun	4:44 PM	5	Н	7/30/2014	Wed	11:45 PM	4.7	Н
7/10/2014	Thu	12:49 PM	-0.7	L	7/20/2014	Sun	10:41 PM	0.3	L	7/31/2014	Thu	5:29 AM	0.3	L
7/10/2014	Thu	7:46 PM	5.3	Н	7/21/2014	Mon	5:01 AM	4.2	Н	7/31/2014	Thu	12:13 PM	4.4	Н
7/11/2014	Fri	1:48 AM	-0.4	L	7/21/2014	Mon	10:49 AM	-0.1	L	7/31/2014	Thu	5:48 PM	0.7	L
7/11/2014	Fri	8:05 AM	4.4	Н	7/21/2014	Mon	5:42 PM	5	Н					

