

FIRST COAST FLY FISHERS

NOVEMBER 2014



Educating, Restoring, Conserving through Fly Fishing

November 3rd, 2014 Meeting 7^{PM} at the *Southpoint Marriott,* *Jacksonville, FL*

Tarpon Fishing in Northeast Florida

Presented by **Capt. Randy Lanier**
Blackfly Outfitters

When most people think of tarpon, they think of south Florida and the Keys without realizing that Jacksonville has its own respectable silver king fishery. At one time, Mill Cove on the St Johns River was more popular than the Keys for tarpon fishing. That was long before dredging of the river occurred to accommodate commercial shipping. Some argue that routine dredging of the river resulted in excess sediment build up in the Cove. Nevertheless, tarpon still thrive elsewhere in Northeast Florida.



To be successful at targeting Tarpon in Jacksonville, you need to know when and where to fish. One person well known for unlocking the area's tarpon secret is Jacksonville-native Captain Randy Lanier. In addition to being a well respected fly fishing guide, Randy has been a long-time fixture of the fly fishing scene in northeast Florida. Chances are if you visited a fly shop in the Jacksonville area over the last twenty years, Randy was dispensing wisdom on the business-side of the counter; first with Orvis, then the Salty Feather and now with Blackfly Outfitters.

Come join the First Coast Fly Fisher on Monday, November 3rd, as we welcome Captain Randy Lanier, one of the founding members of the Club. He will be discussing tips and techniques for catching tarpon in Jacksonville.



On the Cover:

Bob Clouser working with Benny Nehrke

Photograph by Jason Sheasley

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FIRST COAST FLY FISHERS

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CCA FLORIDA GUBERNATORIAL CANDIDATE QUESTIONNAIRE ON FISHERIES CONSERVATION



There are a number of conservation policies that Coastal Conservation Association (CCA) believes are critical for the proper management of all marine resources. CCA designed this questionnaire to determine gubernatorial candidate positions on specific marine fisheries conservation issues in Florida.

CCA Florida asked both candidates to indicate if they agreed or disagreed with seven position statements and also to include any comments. CCA received comments from both Governor Rick Scott and Governor Charlie Crist.



**Charlie
Crist
Democrat**



**Rick
Scott
Republican**

1. In managing Florida's marine fishery resources, the first and primary concern must be for protection and conservation of the resource.

Agree ✓

Disagree

I grew up on Florida's west coast, spending countless hours fishing, hiking, and hunting with my family. I strongly believe we must do everything we can to ensure that future generations are able to enjoy the blessings that have been bestowed upon Florida. As such, it is essential that Florida maintain healthy fisheries. These gifts are not for us to deplete, without any concern or regard for those who come after us. As Governor I will promote the protection and conservation of our marine and freshwater fisheries.

Agree ✓

Disagree

I believe that in managing Florida's marine fishery resources we must strike a balance between the protection and conservation of the natural resource and our recreational and commercial fishing industries; ability to enjoy the resource for both sport and economic activity.

2. Individuals with direct financial conflicts of interest, such as commercial fishermen, fishing guides, seafood processors and charter boat captains, must not be appointed to serve on the Florida Fish and Wildlife Conservation Commission (FWC). Any legislation that would mandate financial conflicts of interest on the Commission must be opposed and vetoed.

Agree

Disagree

As Governor I will seek qualified people who represent the interests of ALL Floridians. They must not be willing to sacrifice the long-term health and sus-

Agree ✓

Disagree

In order to maintain objectivity and transparency, I believe that members of the Commission should not have any financial conflicts or interest when serving.



Crist Cont.

Scott Cont.

tainability of Florida's marine resources for short - term gain.

3. The FWC is an independent constitutional agency with complete and direct regulatory control over all fishing and hunting activities in Florida. There are individuals who are opposed to all hunting and fishing. Such individuals must not be appointed to serve on the Commission.

Agree ✓

Disagree

Some of the best memories of my childhood took place when I was hunting and fishing with my family, and I'm sure millions of Floridians have had similar experiences. The commissioners of the FWC should understand how important hunting and fishing are to us, and they must be willing to preserve this cherished part of what it means to be a Floridian

Agree ✓

Disagree

No additional comment

4. The Governor nominates individuals for appointments to federal management councils which develop fishery regulations for offshore federal waters. Paid lobbyists for any special interest group, commercial, environmental or recreational, whose interests are affected by the actions of these federal fishery councils, must not be nominated for council appointment.

Agree ✓

Disagree

As I mentioned earlier, I will seek qualified people who will place the long - term health and sustainability of our marine resources – including those in offshore federal waters – as their highest priority. They must represent the interests of ALL Floridians.

Agree ✓

Disagree

I agree that paid lobbyists for special interest group whose interests are affected by the federal fishery councils should not be nominated for an appointment.

5. Florida's current redfish management and recovery plan has been a success which has resulted in substantial increases in redfish abundance. This plan, which prohibits commercial take and sale and imposes strict daily recreational bag limits, should be continued.

Agree

Disagree

I am very pleased that the redfish management and recovery plan has been such a great success. Our next challenge will be to ensure that we do not forget the effort required to reach this point and, as a result, make changes that undermine this achievement. With this in mind, I will not support changes to the plan that would harm the redfish population.

Agree ✓

Disagree

I agree that the plan has been a success and resulted in a healthy supply of redfish. Should any attempt to change the current plan be proposed, I would have to be thoroughly convinced that the proposed change would not adversely affect the redfish population in order for me to consider supporting it.



Crist Cont.

Scott Cont.

6. There is much controversy over the management of federal water fisheries off of Florida. The FWC has done a far better job of managing state waters fisheries than the federal government has done in offshore federal fisheries. The Governor has substantial authority to deal with federal agencies. The Governor should support the transfer of the management of selected fisheries in federal waters to the FWC.

Agree ✓

Disagree

There could be significant, numerous benefits to transferring the management of some of these federal water fisheries to the FWC. If elected in November, I would like to meet with members of the CCA to discuss this further.

Agree ✓

Disagree

No additional comment.

7. Any additional Comments?

Water defines the Florida experience and we are the guardians of our next generation's rightful legacy. There is probably no greater economic resource in Florida than the pristine waters of the Atlantic, the Gulf of Mexico, and the rivers, wetlands, lakes and bays that bless our beloved state. I strongly believe healthy fisheries and vital recreational resources are crucial components of Florida's economy that must be protected and promoted. Today, Florida is the proud home of the nation's largest recreational fishing industry. It generates billions of dollars in economic development each year and countless hours of enjoyment for people of all ages. In addition to the issues raised in the CCA questionnaire, I am also committed to:

Working to develop a comprehensive ocean management plan. I will work to develop an ocean management plan that preserves and protects our oceans, coastal habitats, and marine ecosystems and resources.

Opposing bills that allow drilling in near - shore waters. I believe allowing near - shore oil drilling is not worth the risk to our environment and economy. The BP oil disaster has shown that accidents can happen and for Florida's sake, we cannot and will not take that risk. Our tourism and fishing industries are simply too important to put in jeopardy.

Finally, I will continue to hold BP and other wrongdoers accountable and demand expedited and fair payments to the many Floridians and Florida busi-

As Governor, I have enjoyed working with the Coastal Conservation Association advocating for sensible federal and state fishery regulations that are based on sound science. Protecting Florida's unique natural resources is an important part of continuing to restore our economy and grow jobs in Florida.



Mike McQuisten's redfish from a kayak

Crist Cont.

nesses that have been damaged.

As someone who grew up in Florida, I understand the vital role of the recreational fishing industry. As Governor, I will ensure that the long - term protection of our marine and coastal habitats, as well as the well - being of Florida's recreational fishing industry, are among our state's top priorities.

I greatly appreciate the officers, members, and staff of CCA Florida for the opportunity to share my positions on Florida's marine resources. Thank you for everything you do.

GOVERNOR SCOTT: VETERANS CELEBRATED WITH FREE ENTRANCE TO STATE PARKS

TALLAHASSEE – Today, Governor Rick Scott announced that in honor of Veterans Day, there will be free entry for everyone at state parks* on Tuesday, Nov. 11. The Florida Park Service encourages residents and visitors to celebrate veterans and active military personnel by bringing them to one of the 171 state parks and trails to enjoy outdoor activities.

Governor Scott said, “This Veterans Day, I encourage all Florida families to get out and enjoy Florida’s natural treasures at our wonderful state parks. We also honor our veterans and thank them for their service and sacrifice they gave to protect our state and nation.”

“Veterans Day is a perfect opportunity to visit Florida’s award-winning state parks,” said Donald Forgione, director of the Florida Park Service. “Spend the day hiking, biking or picnicking with a veteran – and most importantly, thank them for their service.”

Florida State Parks also preserve an abundance of historical and cultural sites that honor the nation’s fallen service members. In Apalachicola, visitors can pay respect to Vietnam veterans at [Orman House Historic State Park](#)'s Three Servicemen Statue, a bronze replica of the Vietnam memorial statue in Washington, D.C.

In October, Governor Scott [announced](#) that more than 27.1 million people visited Florida’s state parks and trails between July 1, 2013, and June 30, 2014, generating nearly \$2.1 billion in direct economic impact. In the year following the state parks system winning a third National Gold Medal in Excellence, record-breaking numbers of visitors were enjoying Florida’s natural treasures and outdoor areas.

For more information on state parks in your area, visit the Florida State Parks [website](#) or download the Florida State Parks Pocket Ranger® app, which is available on iTunes and Android Market by searching “Florida Pocket Ranger.”



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Spend A Buck for Casting for Recovery Win A Custom Gheenoe

Are you willing to spend a buck on a raffle ticket to win a true shallow water boat? Casting for Recovery Florida (CFR-FL) has a deal for you.

For \$1 you can buy one raffle ticket to win a 15'4" NMZ GHEENOE CUSTOM -- Florida-made, world-approved -- with a raised front deck and hatch, raised rear deck(no hatch), and trailer, which has 12-inch tires for getting out of shallow-water drop-offs. The hard value of the two is \$2,345.

All benefits go to Casting for Recovery Florida. The drawing is on March 22, 2015.

Click here for a secure purchase online: <https://secure.acceptiva.com/?cst=0f8a55>

The mission of Casting for Recovery is to enhance the quality of life for women with breast cancer through a unique program that combines breast cancer education and peer support with the therapeutic sport of fly fishing in a retreat-style setting.

The retreats offer opportunities for women to find inspiration, discover renewed energy for life, and experience healing connections with other women and nature. Casting for Recovery's retreats are open to breast cancer survivors of all ages, in all stages of treatment and recovery. They are free to participants.

For information please call Lily Renzetti 321-267-7705



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A Weekend of Fly Casting Instruction with Wanda Taylor, MCI November 15th and 16th Deep Creek Lodge, St Augustine

At Saltwater Flytyers we believe that women are sorely under-represented in fly fishing. Not because of lack of interest but by lack of access to instruction that take a women's approach. That is why we set up a unique, women-only fly casting class at Deep Creek Lodge with Wanda Taylor, MCI on November 15th and 16th 2014.

Wanda's credentials are some of the most impressive in fly fishing. She is a fly fishing instructor with a decade of experience. She specializes in working with women's groups, couples and young people. Her strong communication skills, leadership skills and sense of humor encourage people to exceed their expectations in the art of fly fishing.

She was the first woman Orvis Endorsed Guide in the Southeast and the first woman certified as a Master Casting Instructor by the International Federation of Fly Fishers. She was awarded the 2005 SE IFFF "Woman of the Year", and the 2008 SE Council Award of Excellence.

She is a Lifetime member of the Georgia Women Fly Fishers, Co-Founder and Supporter of CFC, "Casting For Confidence", a retreat sponsored by the GWFFers for breast cancer survivors. She is a national ambassador for CFR, "Casting For Recovery" and a retreat volunteer since 2001.

About the Course

This is an entry level to intermediate level class. You will be taught the dynamics of how the fly rod works and how the rod, flyline, and fly interact to create the cast. You will learn how to assemble the

equipment, attach the leader to the fly line, and tie on a fly to the leader. There will be casting on grass as well on water. You will learn the basic casts to give you the entrance to the world of fly fishing. No matter what level you come in at you will be pleased with what you learn in this creative course.

On day two, the skills you have learned will be put together on the casting deck or fishing from a kayak. We will have local guides available including their skiffs and kayaks.

The Cost

The fee for the class is \$250 per angler which includes all instruction, meals including a Low Country Boil and hors d'oeuvres Saturday evening.

Fees for boats, kayaks and guides on the second day are separate and not included in the \$250 fee.

The Camp

Deep Creek is situated in the heart of the magnificent grass flats of Northeast Florida. The panoramic views from the landing are classic Old Florida cypress and pine hammocks with abundant wildlife including waterfowl such as Great Blue Heron, Snowy Egret, and Roseate Spoonbills, just to mention a few of the local species. Sitting in one of the rocking chairs at sunset enjoying your favorite beverage, enjoying the view, will take you away to another world.

Amenities

All of this extensive



Wanda Taylor, MCI

training is punctuated with fine meals, including a catered local cuisine dinner with refreshments and libations. Breaks under the canopy of ancient live oaks in rockers around the fire pit overlooking some of the finest and most beautiful salt marsh in the world.



St Augustine offers world class fly in and fly out accommodations as well as suburb private flight facilities proximal to the accommodations and the camp.

Accommodations, Access, and Local Interests

St Augustine is the oldest continuously inhabited city in the New World, it is the second most visited attraction in Florida so if you decide to bring family there is plenty to entertain them. There are many bed and breakfasts and five star accommodations available. The most proximal is the Renaissance Hotel at World Golf World Village, which is less than ten minutes from the Camp.

More Information

More information about the program is available at the Saltwater Flytyers website: <http://www.saltwaterflytyers.com/>

You can register for the program on-line at: http://www.saltwaterflytyers.com/index.php?main_page=page&id=26

Feel free to contact Don Reed at Saltwater Fly Tyers with questions at (904) 535-6929.

FCFF WEBSITE TO BE UPDATED

If you notices some slight changes to the First Coast Fly Fishers website (www.fcff.org) over the last couple months, that is because Peter Wysoczanski recently took over as the Clubs Web Master. For over ten years, managing the Club's website had been the responsibility of David Lambert. However, recently David decided to turn over the digital reigns to Peter, who has a background in commercial printing and website design.



Recently Peter has made some minor changes to the web site as part of the transition to a new webhosting service. However, significant changes to the website are planned for 2015 which will increase its functionality. While Peter has been working with the website, his wife Catherine has been managing the Club's Facebook page . Over the last 3 or 4 years, posts on the Club's Facebook page

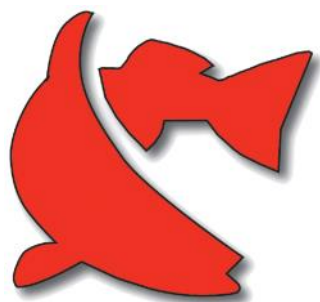
have been sporadic at best. Cat plans to change all of that. In the month of October, there were over 35 posts to the Club's Facebook page. If you have a Facebook account, make sure you "Like" us. Don't have a Facebook account? There is no need to worry. Just past the click or paste the following link in your web browser:

<https://www.facebook.com/FirstCoastFlyFishers>

Over the next couple months let us know what you think about the changes to the website. And if you have any ideas or recommendations send them our way.

A special thanks goes to David Lambert for managing the Club's presence in cyberspace for the last decade. We appreciate all your hard work and effort over the last several years.

SAVE THE DATE
November 6th, 2014



CCA Florida

CCA JACKSONVILLE CHAPTER
24th ANNUAL BANQUET & AUCTION

Presented by



Merrill Lynch

Bank of America



November 6, 2014
Garden Club of Jacksonville

6:00 pm Silent Auction & Raffle

7:30 pm Dinner and Live Auction

Tickets are just \$85 per person or \$150 per couple

Corporate tables for 8 start at \$1,000.

For more information please contact:

Steve Orman (904) 262-9929

Greg Craddock (904) 982-6104

Nick Pectol (321) 271-7723



Coastal Conservation Association Florida
is a grassroots organization that is committed to
conserving and protecting Florida's marine resources.



“The only reason I ever played golf in the first place was so that I could afford to hunt and fish.”

-Sam Snead

Angler's Elbow

By Tom Dempsey

Anglers, like all athletes, are subject to musculoskeletal injuries acquired in pursuit of their specific sport. Fly fishers have unique aches and pains that can make them uncomfortable. One of the most common problems seen in the fly fisher occurs from using the elbow repetitively to swing a rod and line.

Generically this was referred to as “tennis elbow,” an inflammation of the ligament insertion on the outside of the elbow which produces pain on flexion and extension of the elbow, i.e., during the casting stroke. It can be exquisitely tender to the touch.

The muscles that extend the wrist originate from the outside of the elbow (the lateral epicondyle). When the junction where the muscles join the bone becomes inflamed, this results in pain. Typically gripping the rod and casting causes discomfort over the outside of the elbow along the bony prominence. (See **Figure A**)

Now, if we could rest the elbow for several weeks or months, it might get well. On the other hand, why not first identify what causes an “angler's elbow” and try to prevent it? If we are smitten by this demon, how can we treat it and keep fishing?

First, tennis elbow can occur at any time in the beginner or the advanced fly fisher. One of the causes of angler's

elbow is overuse.

Some of the common causes are:

1. Going from a lighter to heavier rod
2. Going from a lighter weight line to a heavier weight line
3. Prolonged casting
4. Errors in casting mechanics

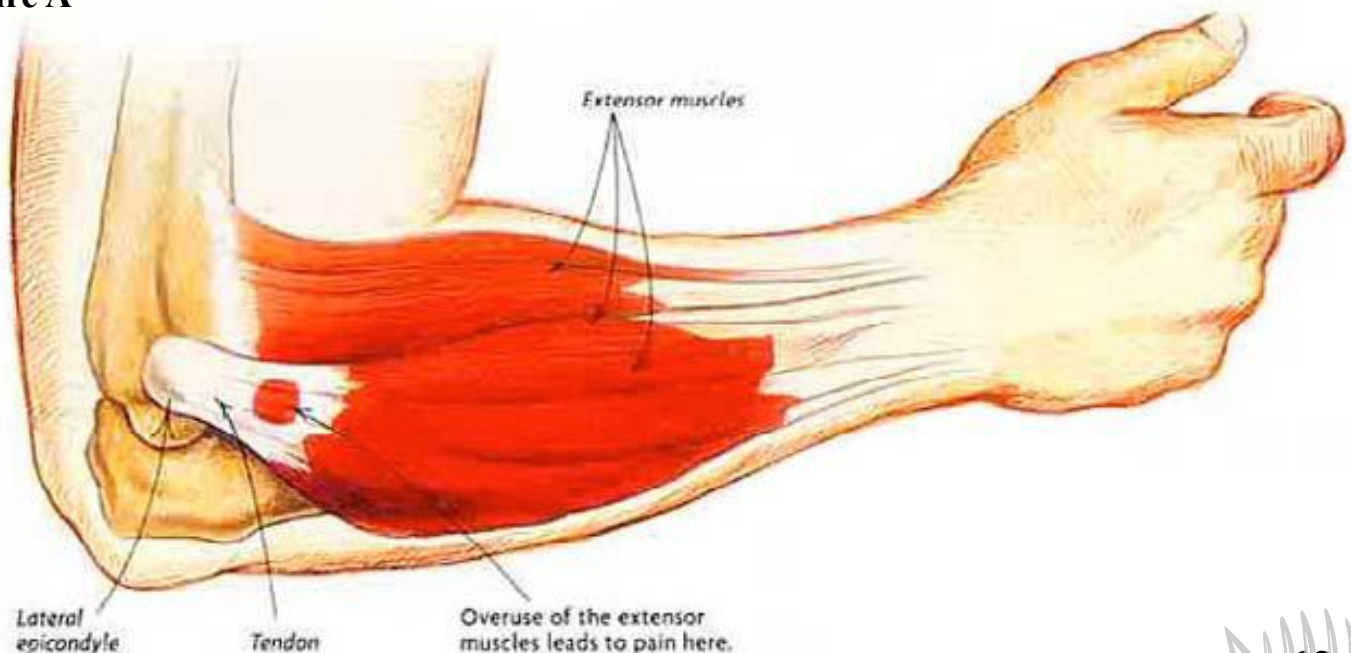
Most cases of tennis elbow can be treated successfully by correcting the cause. Making sure you have good casting mechanics is one way of preventing tennis elbow.

This means having moving your fly rod through a smooth stroke and not trying to overpower the cast. Also, avoid casting distances that are not within your skill zone.

If you are planning a fishing trip and plan to do a considerable amount of casting, get your elbow in shape before going. There are simple exercises that we will talk about in the treatment section you can do that will not only help during the acute phase, but also can be preventive.

Using balanced tackle and making sure your rod is lined correctly can prevent overworking the elbow during the casting stroke (this includes removing slack before the casting stroke and not trying to cast large amounts of line that you are not used to or comfortable with).

Figure A



TREATMENT:

Most cases of tennis elbow resolve by themselves with a little rest, but there are some things you can do to help speed up the healing process.

1. During the acute phase, if you begin having pain after a fishing trip, use ice on the elbow for 30 minutes every three to four hours for two or three days or until the pain is gone.
2. Use a tennis elbow brace or tennis elbow strap. This is a belt - like fixture that fits right below the bump on the outside of the elbow and shifts the pull of the muscles to the tennis-elbow brace instead of the bone. This can be worn during the day and during the fishing trip. (See **Figure B**).
3. Anti-inflammatory medications such as ibuprofen, Naprosyn and aspirin can help with the discomfort, pain and swelling. Once taken, they need to be taken on a regular basis until the pain resolves (usually a week to 10 days).
4. Steroid injections can be very beneficial in treating the acute phase of the inflammation and can be performed at regular intervals when the pain flares up.
5. Physical therapy using electrical stimulation and ultrasound can also speed up the healing process.
6. Once the pain is under control, performing an

Figure B



exercise program two or three times a day can prevent the tennis elbow from recurring. (See **Figure C**)

8. Surgery - Very few patients who follow the above routine require surgical procedures, but there are operations that can successfully treat chronic epicondylitis.

As mentioned above, exercise programs can be beneficial in preventing tennis elbow from recurring. These exercises should be done when the elbow has cooled down and is comfortable enough to begin exercising.

The elbow exercises are designed to work the muscles that flex and extend the wrist. Simple wrist curls, regular and reversed, done in three of eight repetitions two or three times a day are helpful. Another exercise that I found to be very beneficial is gripping a tennis racquet or baseball bat and rotating it clockwise and counter clockwise with the elbow extended out in front of one back and forth repetitiously. This seems to stretch the muscles that insert into the elbow and prevents the contracture that results from the healing process of damaged muscles being stretched out and pulled apart the next time you cast. Keeping these muscles and tendons and the forearm muscles strong is the key to preventing chronic epicondylitis.

Most cases of epicondylitis are allowed to progress too far before they are treated, so I would encourage anyone who has the signs and symptoms not to ignore them but to get immediate treatment. Then you can prevent that fishing trip from being ruined.

Tom Dempsey is an orthopedic surgeon by profession and a fly fisher by passion. He has fished throughout North and South America, the Bahamas and Europe. He is founder of the Gulf Coast Fly Fishing School in Mobile, AL, USA. Dempsey likes nothing better than sight-fishing for Reds in skinny water.

Lateral Epicondylitis (Tennis Elbow) Exercises



Figure C

Slurpers, Tailers, Pigs and Gators (Oh My!)

Text and Photographs by Chan Ritchie

Another adventurous weekend on the grass flats. David Johnston and I went back to our hunting roots as we hunted for hogs on the Guana grass flats with old recurve bows. We climbed the viewing tower south of Pine Island and glassed the grass for signs of pork life. Just as David had predicted, pigs were in the grass, along with a deer and a bobcat. We began a half-mile stalk when a nice black porker turned and made a fast trot in our direction. Forty-five yards was as close as he came, so I loosed an arrow, but came up short. It was an adrenalin filled few minutes.

Speaking of adrenalin, if you fish the high tides south of Pine Island be careful not to step on a gator. We found two unmistakable alligator trails complete with foot-prints and tail-drags.

Dave and I found reds slurping in the creeks as we waited in vain for the grass to flood. We heard a lot of fish slurping. Fought two, boated one and I bungled the rest. We did find two tailers on the flats, but the water was low and the grass was high. Getting a fly down through the thick grass was not in the cards.



Chan Ritchie with a Guana Red



Camouflaged David Johnston



Capo Creek



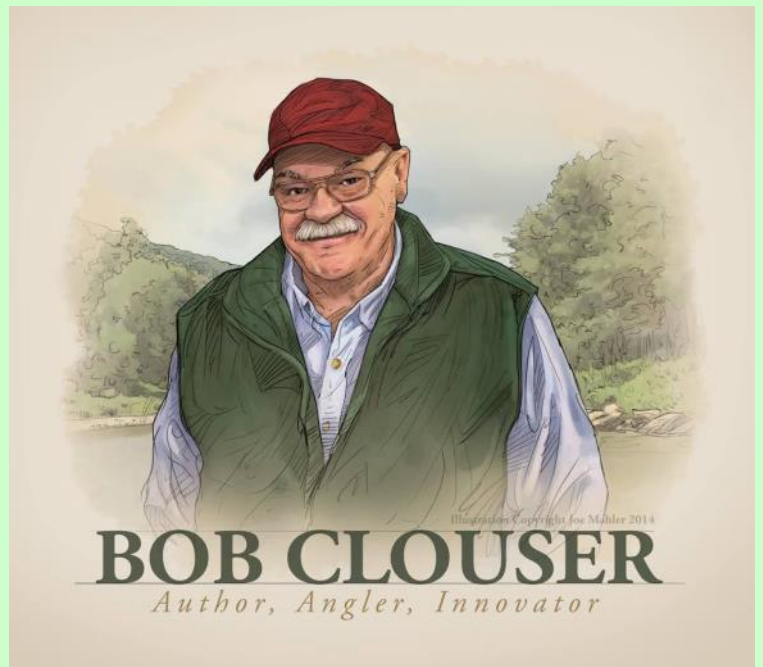
Sunday October 12, 2014 Clouser Day

Text and Photographs by Jason Sheasley

On Sunday October 12th, Bob Clouser paid a visit to the First Coast Fly Fishers. He was making his way back to Pennsylvania after spending several days in Crystal River headlining the IFFF Expo.

Bob began the day with several fly tying demonstrations. He explained the history behind the ubiquitous Clouser Deep Minnow and proceeded to demonstrate variations of his namesake fly using different materials.

It should come as not surprise that Bob spends a lot of time on the water. One thing that he has noticed over the last couple of years has been that popular modern fly patterns once effective seem to no longer be productive even when used with a near-perfect presentation. At a loss to explain the phenomenon, Bob and his colleagues began experimenting with older fly patterns that were once popular 50 to 75 years ago. In a side-by-side comparison the older fly patterns seemed to out perform the



modern-day patterns. Could it be that the fish are becoming familiar with the patterns made popular in recent years? Are they able to sense the artificial materials used to tie modern-day patterns? It is really hard to say. However, the take-home message is this: it may be worth the effort to experiment with the tried and true patterns of days gone past; especially when nothing else seems to be working.

Spending time with Bob Clouser would not be complete without one-on-one fly casting instruction. Bob spent the afternoon demonstrating and teaching techniques for improving casting large, heavy flies. He also brought along a couple prototype rods he has been developing with Lefty Kreh and Temple Fork Outfitters.

If you missed Bob Clouser Day, you squandered an opportunity to learn from one of the true legends of the sport.









This Month's Outing...

Saturday November 22nd

Sister's Creek

Flood tides are over for another year. So it is time to return to some of our favorite spots for redfish, flounder and trout. This month we will be visiting the target-rich environment of Sisters Creek. There is a 0.28-foot low tide at 3 PM on Saturday November 22nd.

We will plan to meet at the Sisters Creek boat ramp around 12:30 PM for a pre-outing BBQ and plan to be on the water around 1:30 PM to fish the outgoing tide. Sisters Creek is ideal for both motor and paddle-craft. The feeder creeks and mud flats hold lots of fish.

As the water temperatures begin to drop, the fish will be hanging in the shallow water and on the mud flats longer. To be successful, you will need a stealthy approach. These fish get a lot of pressure so they can be

spooky at times.

Clouser Minnows are effective in Sisters Creek. Have an assortment of them tied in black, black and purple and red fox. Plan to have a selection of baitfish patterns in your fly box as well. It is better to have a range of sizes as opposed to colors.

As the time for the outing draws near, an email will be sent out regarding the outing. If you don't have a boat and want to participate in the outing, be sure to let Jeff Bivins know so he can pair you up with someone with a boat.

If you have any questions, feel free to contact Jeff at outings@fcff.org.



Twenty Questions with... Captain Randy Lanier



1. Where are you originally from and how long have you lived in the Jacksonville-Area?

Born in Jacksonville in 1948

2. What is your profession?

Sales at Blackfly Outfitters

3. Tell us a little something about your family?

I have five grandkids and have been married for 46 years.

4. How long have you been fly fishing?

Since 1981

5. Who are your heroes?

My Wife Jane.

6. Where is your favorite place to fish?

Bahia Honda Bridge in June

7. With what person (living or dead) would you like to spend a day on the water?

George H.W. Bush

8. Aside from the obvious (rod, reel and flies) what piece of fly fishing gear do you consider essential to have with you on the water?

A cell phone.

9. What is your "go-to" fly?

Any fly that is black and purple.

10. What is your favorite fish to catch on a fly rod.

Tarpon

11. If they made a movie about your life, what would the title be and what actor would play you?

A River Runs Through It. Brad Pitt



12. What book is on your night stand?

The Bible.

13. What is on your iPod (i.e. what kind of music do you listen to)?

I don't use an iPod.

14. How many fly rods do you own?

I don't know. Over 15.

15. What is your favorite guilty pleasure?

Sweet desserts.

16. What is your idea of a perfect day on the water?

Calm day around 4:00 PM, worm hatch at Bahia Honda Bridge.

17. Which talent or skill would you most like to have?

I am happy with my talents now.

18. If you could travel back in time, what year would you visit and why?

I wouldn't go back. I like today.

19. What is your most treasured possession?

My family.

20. What was the most significant moment of your life thus far?

My marriage in 1968.

Bonus Question: What is one skill everyone should master before booking a trip with a saltwater fly fishing guide?

Being able to cast 60 feet and pick up 40 feet of line with one stroke and cast again



Capt. Lawrence Piper
And
The Angler's Mark

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Click the image above to Vote for Blackfly Outfitters in the Gink and Gasoline Fly Shop 500!

Now it's time to show our support for the guys who have been behind us on every cast, every drift and every fish in the net. The good folks at our local fly shop! This year Gink and Gasoline is putting our money where our mouth is. We are giving some serious love to the best fly shop in the country, in the form of a year's free advertising! This competition is comprised of twenty-seven of the most elite fly shops in the nation, all fighting for The Fly Shop 500 competition crown January 1st.

<http://www.ginkandgasoline.com/fly-fishing-lifestyle/the-gink-and-gasoline-fly-shop-500/>





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TROY@CAPTAINROY.COM



November 2014 Tides Mayport, Florida (Bar Pilot Dock)

DATE	TIME	HEIGHT	DATE	TIME	HEIGHT	DATE	TIME	HEIGHT						
11/1/2014	Sat	3:59 AM	5.2	H	11/11/2014	Tue	4:51 AM	0.7	L	11/21/2014	Fri	7:18 AM	5.5	H
11/1/2014	Sat	9:49 AM	0.8	L	11/11/2014	Tue	11:34 AM	5.3	H	11/21/2014	Fri	1:18 PM	0.4	L
11/1/2014	Sat	4:31 PM	5.4	H	11/11/2014	Tue	5:41 PM	0.9	L	11/21/2014	Fri	7:32 PM	4.8	H
11/1/2014	Sat	10:30 PM	0.5	L	11/11/2014	Tue	11:57 PM	4.7	H	11/22/2014	Sat	1:10 AM	0	L
11/2/2014	Sun	4:07 AM	5.4	H	11/12/2014	Wed	5:43 AM	1	L	11/22/2014	Sat	8:01 AM	5.6	H
11/2/2014	Sun	9:55 AM	0.6	L	11/12/2014	Wed	12:18 PM	5.2	H	11/22/2014	Sat	1:59 PM	0.2	L
11/2/2014	Sun	4:35 PM	5.5	H	11/12/2014	Wed	6:34 PM	1.1	L	11/22/2014	Sat	8:17 PM	4.8	H
11/2/2014	Sun	10:27 PM	0.3	L	11/13/2014	Thu	12:44 AM	4.6	H	11/23/2014	Sun	1:51 AM	-0.1	L
11/3/2014	Mon	5:08 AM	5.7	H	11/13/2014	Thu	6:40 AM	1.2	L	11/23/2014	Sun	8:46 AM	5.6	H
11/3/2014	Mon	10:58 AM	0.4	L	11/13/2014	Thu	1:04 PM	5	H	11/23/2014	Sun	2:41 PM	0.1	L
11/3/2014	Mon	5:33 PM	5.5	H	11/13/2014	Thu	7:26 PM	1.2	L	11/23/2014	Sun	9:04 PM	4.8	H
11/3/2014	Mon	11:21 PM	0	L	11/14/2014	Fri	1:35 AM	4.6	H	11/24/2014	Mon	2:35 AM	-0.2	L
11/4/2014	Tue	6:04 AM	5.9	H	11/14/2014	Fri	7:38 AM	1.4	L	11/24/2014	Mon	9:32 AM	5.6	H
11/4/2014	Tue	11:56 AM	0.1	L	11/14/2014	Fri	1:52 PM	4.9	H	11/24/2014	Mon	3:25 PM	0.1	L
11/4/2014	Tue	6:27 PM	5.5	H	11/14/2014	Fri	8:15 PM	1.3	L	11/24/2014	Mon	9:53 PM	4.8	H
11/5/2014	Wed	12:13 AM	-0.2	L	11/15/2014	Sat	2:28 AM	4.6	H	11/25/2014	Tue	3:21 AM	-0.1	L
11/5/2014	Wed	6:57 AM	6	H	11/15/2014	Sat	8:33 AM	1.5	L	11/25/2014	Tue	10:21 AM	5.6	H
11/5/2014	Wed	12:50 PM	0	L	11/15/2014	Sat	2:44 PM	4.8	H	11/25/2014	Tue	4:14 PM	0.2	L
11/5/2014	Wed	7:18 PM	5.4	H	11/15/2014	Sat	9:02 PM	1.3	L	11/25/2014	Tue	10:45 PM	4.8	H
11/6/2014	Thu	1:02 AM	-0.3	L	11/16/2014	Sun	3:24 AM	4.7	H	11/26/2014	Wed	4:13 AM	0	L
11/6/2014	Thu	7:47 AM	6.1	H	11/16/2014	Sun	9:27 AM	1.4	L	11/26/2014	Wed	11:12 AM	5.5	H
11/6/2014	Thu	1:41 PM	-0.1	L	11/16/2014	Sun	3:37 PM	4.8	H	11/26/2014	Wed	5:08 PM	0.2	L
11/6/2014	Thu	8:07 PM	5.3	H	11/16/2014	Sun	9:46 PM	1.1	L	11/26/2014	Wed	11:39 PM	4.9	H
11/7/2014	Fri	1:49 AM	-0.3	L	11/17/2014	Mon	4:17 AM	4.9	H	11/27/2014	Thu	5:12 AM	0.2	L
11/7/2014	Fri	8:35 AM	6	H	11/17/2014	Mon	10:17 AM	1.3	L	11/27/2014	Thu	12:06 PM	5.4	H
11/7/2014	Fri	2:29 PM	-0.1	L	11/17/2014	Mon	4:28 PM	4.8	H	11/27/2014	Thu	6:08 PM	0.3	L
11/7/2014	Fri	8:55 PM	5.2	H	11/17/2014	Mon	10:28 PM	1	L	11/28/2014	Fri	12:37 AM	4.9	H
11/8/2014	Sat	2:34 AM	-0.2	L	11/18/2014	Tue	5:06 AM	5	H	11/28/2014	Fri	6:19 AM	0.4	L
11/8/2014	Sat	9:21 AM	5.9	H	11/18/2014	Tue	11:06 AM	1.1	L	11/28/2014	Fri	1:04 PM	5.3	H
11/8/2014	Sat	3:16 PM	0	L	11/18/2014	Tue	5:16 PM	4.8	H	11/28/2014	Fri	7:11 PM	0.3	L
11/8/2014	Sat	9:41 PM	5.1	H	11/18/2014	Tue	11:09 PM	0.8	L	11/29/2014	Sat	1:40 AM	4.9	H
11/9/2014	Sun	3:18 AM	0	L	11/19/2014	Wed	5:52 AM	5.2	H	11/29/2014	Sat	7:31 AM	0.5	L
11/9/2014	Sun	10:06 AM	5.7	H	11/19/2014	Wed	11:52 AM	0.9	L	11/29/2014	Sat	2:07 PM	5.1	H
11/9/2014	Sun	4:02 PM	0.3	L	11/19/2014	Wed	6:03 PM	4.8	H	11/29/2014	Sat	8:12 PM	0.2	L
11/9/2014	Sun	10:27 PM	4.9	H	11/19/2014	Wed	11:50 PM	0.5	L	11/30/2014	Sun	2:47 AM	5.1	H
11/10/2014	Mon	4:03 AM	0.3	L	11/20/2014	Thu	6:35 AM	5.3	H	11/30/2014	Sun	8:40 AM	0.5	L
11/10/2014	Mon	10:50 AM	5.5	H	11/20/2014	Thu	12:36 PM	0.6	L	11/30/2014	Sun	3:12 PM	5	H
11/10/2014	Mon	4:51 PM	0.6	L	11/20/2014	Thu	6:47 PM	4.8	H	11/30/2014	Sun	9:10 PM	0.1	L
11/10/2014	Mon	11:12 PM	4.8	H	11/21/2014	Fri	12:30 AM	0.3	L					

**Happy
Thanksgiving**

