

# FIRST COAST FLY FISHERS

SEPTEMBER 2016



*Educating, Restoring, Conserving through Fly Fishing*

FCFF Meeting  
7 PM September 12, 2016 - Southpoint Marriott

# Fly Fishing the Ocean

With  
Captain Troy James

When it comes to fly fishing in northeast Florida, most of us think of the shallow water of the creeks, mud flats and grass flats that are so plentiful in this area. With the exception of tarpon fisherman, few fly fisherman (or guides) venture offshore. While most of use are sight casting to redfish and trout in dark stained waters, there are plenty of other species of fish to be found in the blue waters offshore. If the idea of catching large red snapper, Mahi Mahi, amber jack and cobia on the fly sounds appealing, then you don't want to miss the First Coast Fly Fishers September meeting. This month we welcome **Captain Troy James**. During the past couple year Troy, a long-time Club member, has taking Clients offshore to catch huge red snapper and lightning fast little tunney on the fly.



For those who have never ventured off-shore Troy will be discussing how to plan a successful day on the water. This includes how to find fish and then how to get close enough to them to cast a fly. Troy will also be discussing the gear and flies necessary for off-shore fishing. In some instances finding and catching the fish are the easy parts. It's fighting and landing the fish that prove challenging. To that end, Troy will be talking about how to set the hook and fight big fish. As a videographer, Troy has been filming a lot of his trips. So you will also get an opportunity to see what it is like to spend a day off-shore with Captain Troy.

Don't forget, the meeting will be held on **Monday September 12th** due to the Labor Day holiday. Come early and be sure to bring your fly rod and take advantage of the free casting lessons while there is still daylight.

Flood tides are in full swing. This month the Club will be heading to exotic Palm Valley to fish for redfish in the grass. To take full advantage of this outing and maximize your opportunities to target reds you will need a power

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## On the Cover:

This month's guest speaker, Capt. Troy James with a respectable cobia he caught on the fly.

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# The X Factor

BAINBRIDGE ISLAND, Wash. (June 15, 2016)—Renowned fly rod manufacturer [Sage](#) presents its newest pinnacle fly rod series – The X Rod. Using KonnecticHD Technology®, these fast-action fly rods create tighter loops to ensure better accuracy, efficiency, and line control with every cast.

“By optimizing our graphite-to-resin ratio, we’ve created a higher density (HD) fiber composite resulting in lighter, stronger blanks to deliver unmatched recovery, energy transfer, and line/loop control,” said Sage chief rod designer Jerry Siem.

The new taper delivers greater blank recovery and a crisper tip-top, allowing anglers to dig deeper into the rod and access more of the lower sections of the blank, shifting power closer to the angler. Decreased lateral and medial movement and vibrations in the blank also result in more accurate and efficient presentations refining the synergy between angler, rod, line, and fly.

The X Rod family, handcrafted on Bainbridge Island, includes freshwater models in three through six weights and saltwater models in five through 10 weights. There are also switch models from 6-8 weights at 11 feet in length and Spey models from 6 to 10 weights in a variety of lengths. Freshwater models have a vera wood insert with a stealth black, anodized aluminum, up-locking reel seat. The Flor grade cork handle is snub-nosed, half-wells shaped. Saltwater and two-handed models use a stealth black,

**The Sage X Series fly rods won the 2016 New Product Showcase for both fresh water and saltwater fly rods at the recent International Fly Tackle Dealer Show in Orlando**

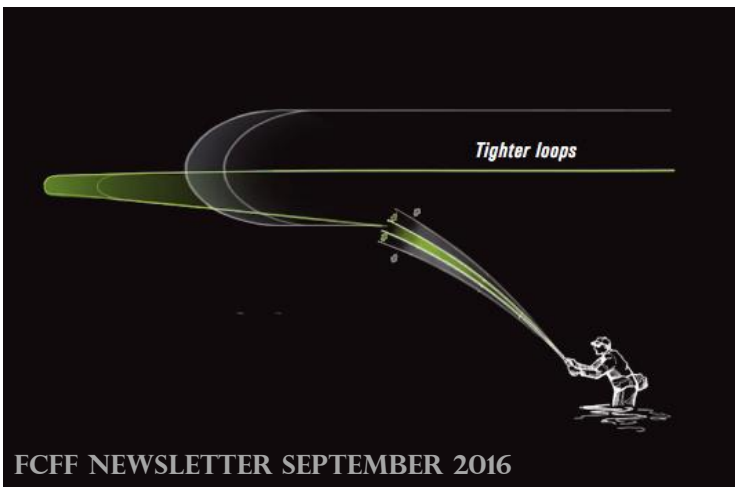
anodized aluminum, up-locking reel seat on saltwater and switch models with an integrated hidden hook keeper and down-locking on Spey models. The two-handed models have a super plus fore grip and rear grip for comfort in hand. The Flor quality full-wells cork handle in the saltwater models offers comfort while the EVA fighting butt offers support for fighting large fish. The black spruce blank color pairs with dark green thread wraps and metallic grey trim wraps.

The rods have Fuji ceramic stripper guides and a hard chromed snake guide and tip-top. Each rod has a laser etched line weight on the slide band and comes in a black rod bag inside an evergreen powder coated aluminum rod tube. Single hand rods retail for \$895, switch rods are \$995 and Spey models are \$1050. Available August 2016.

Founded in 1980, Sage was created with one idea in mind—to build the world’s finest performance fly rods.

From the start, Sage has maintained that singular focus on delivering the finest performance fly fishing rods, reels, and equipment to the avid angler. We are a company of passionate anglers and craftsmen, continually seeking performance advantages

through new materials, designs, and engagement with the fly fishing community. We fly fish. You can feel our passion for fly fishing in everything we do. For more information, please visit [www.sageflyfish.com](http://www.sageflyfish.com). Connect with us on [Facebook](#), [Instagram](#), and [Vimeo](#).



# First Redfish in the Grass

**S**unday evening was a great time to be on the grass with a total rookie. The wind was relatively calm and the fish were showing. I had previously told Greg that he and I were going to fish the Cedar Point outing. However, one of my fishing buddies of 41 years passed away and I had to drive to Mobile for a memorial service on Saturday. I drove back that night so that Greg and I could catch the tide Sunday evening.

I had not yet made a opportunity to give Greg casting lessons. Therefore, I intended for him to use a spinning rod. However, at the last second I changed my mind and grabbed a 6 weight for him. I told him that once we were on the grass I would give him a lesson. Well, as luck would have it, I was just starting my lesson when a dang red fish interrupted us by waving her tail in the air. The cool thing was that only a moment before sighting the fish I had told Greg that a fish would soon show up in that exact spot.

We walked over and I caught the fish; a little guy of 18 or 19 inches. I then proceeded to give Greg his first experience with casting a fly. The boy is a truly gifted athlete with great hand-eye coordination so it did not take long for him to make barely-decent, short casts. But dang-it if another redfish didn't showed up and once again interrupted the lesson.

This is where is got fun! Coolest strike I have yet seen on the grass.

Greg tried to get me to take the rod, but I told him to get closer and make the cast. His first attempt fell very short. However, when his second attempt landed 6 feet to one side of the fish I thought that he may get a strike. I told him to strip it fast "Like it is trying to escape." On the third or forth strip the fish saw the fly and came

charging like a heat-seeking torpedo. This action by the fish evidently caused a total system-dump of adrenaline into Greg's muscles and brain because he forgot that we did actually want the fish to catch the fly.

He was stripping so fast that the fly came up onto the surface with the redfish in hot pursuit. As Greg later said, she looked like a big snake chasing it.

I soon realized that the adrenaline-factor had taken over and I told Greg to slow it down and let her have it. At that very second the redfish made a loud slurp and sucked the fly off the surface.

"SHE'S GOT IT! SET THE HOOK! SET THE HOOK!" I yelled



But it was too late. Greg's brain was no longer computing. He froze. The fish spit the fly, turned and ran like hell....but she did not leave the flat. I kept my eye on her and sure enough she calmed down and got happy again. I took the rod as we slowly closed the gap of 70 yards. Just as I was about to cast Greg said, There's another one right here next to us. I did not look

over, but said, Good. We will catch this one then that one. I made a long cast of about 50 feet and immediately hooked up. I handed the rod to Greg and he fought the fish, a nice fight. I was attempting to take his photo when the fish shook in his hands. He yelped like a girl and the fish hit the water. We turned our attention to the tail Greg had seen. I soon recognized it as a Sheepshead so we wasted none of the setting sun on it. Greg got two more shots at redfis, but could not get the cast/presentation right. Regardless, he had a great time and is already asking when we can go again.

*Story and photograph by Chan Ritchie*



# The Everglades: River of Grass

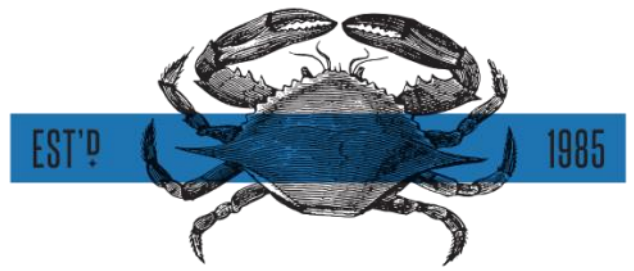
**N**ow more than ever attention has turned to the Everglades and the management of water in south Florida. Excellence in Encounters, Inc., a non-profit educational foundation based in Miami, recently produced a short video that explains the importance of the Everglades. The video has been shared on Facebook over 4,000 times.

Click on the image below, or type the following link in your web browser: <http://www.odysseyearth.com/videos/the-everglades-river-of-grass/> to watch this informative video.



For more information about Excellence in Encounters and the educational programs they offer visit their web site at: [www.odysseyearth.com](http://www.odysseyearth.com). There you will find all kinds of educational resources about Florida's ecosystems and what is being done to protect them. If you would like to support them and their mission, click on the banner headline "Become a Partner" to learn what you can do to support their endeavors.

You can keep up to date on their latest programs by visiting their Facebook page at: <http://www.odysseyearth.com/>



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# New Bass Regulations

**New fishing regulations go into effect to improve bass fisheries statewide to more effectively manage the quality of black bass fisheries**

**N**ew black bass fishing regulations are in effect throughout Florida, beginning July 1. This regulation change will streamline existing rules, allow anglers to keep smaller, more abundant bass and protect larger bass in order to ensure that Florida continues to produce trophy bass in the future.

Before developing proposals for amending current regulations, FWC staff received input from thousands of bass anglers, and blended angler desires and opinions with decades of fish population research.

“We are confident that these new regulations meet the desires of our bass anglers, ensuring that Florida lakes will continue to produce high quality fisheries,” said Tom Champeau, director of FWC’s Division of Freshwater Fisheries. “Florida’s reputation for trophy bass is one reason we are known as the Fishing Capital of the World and these new regulations will help provide our anglers with unforgettable fishing experiences.”

Florida contains five species of black bass: largemouth, Suwannee, shoal, Choctaw and spotted bass. Largemouth bass are the state freshwater fish and are found throughout Florida, while the other species are only found in rivers in the north central and northwest regions.

A summary of the new black bass regulations is below. Visit [MyFWC.com/fishing](http://MyFWC.com/fishing) and click on “Freshwater,” then “Regulations” for a copy of the complete regulations.

- The previous three black bass fishing zones and 40 areas with special bass regulations have been eliminated.
- All species of black bass are included in the five fish daily aggregate black bass bag limit. This is the same as the previous statewide rule.
- Largemouth bass: Only one may be 16 inches or longer in total length per angler, per day, with no minimum length limit.
- Suwannee, shoal, Choctaw and spotted basses: 12-inch minimum size limit, only one may be 16 inches or longer in total length.

One of the primary goals of the new regulations is to protect larger trophy bass desired by most anglers.

The TrophyCatch program offers great prizes for anglers who document and release largemouth bass weighing eight pounds or heavier. Visit [TrophyCatchFlorida.com](http://TrophyCatchFlorida.com) for more details and to register for the program.





# FCFF Board of Directors Nominating Committee

Over the course of the next the Club will be accepting nominations for the 2017 Board of Directors. In anticipation of this, we will be forming a Nominating Committee made up of current Board members, Club members in good standing and a former Club President. If you would like to volunteer for the Nominating Committee please get contact Seth Nehrke. He can be contacted at NehrkeSM@gmail.com.

The Club is always on the lookout for members who want to serve on the Board. A few of the Directors have served on the Board for several years and will be stepping down in 2017. As such, the Nominating Committee will be seeking out their replacements.

If you are one of those people whose fly fishing skills have improved exponentially since joining the Club, and you find yourself feeling indebted then fear not. Serving on the Board is a great way to repay your debt. Aside from learning the secret handshake, you will have the satisfaction of helping to shape the direction of the Club in 2017. If that's not enough, you will get a sneak peek at the silent auction and raffle items for next year's banquet.

## 2017 FCFF Banquet Preparations

Planning for next year's banquet has already begun. Taking the helm for the 2017 festivities will be Corri Davis. She has come up with several great ideas for the banquet. This includes adding a personal touch to the banquet. She is asking for each of the Club members to rummage through their attics, junk drawers and old photo albums to find a picture yourself fishing (or engaging in one of your favorite activities) when you were younger. If you are married and your significant other likes to fish, have them submit a picture as well. Better still, submit a picture of the two of you fishing when you were younger and



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love was in bloom. The idea is to submit a picture in which you are not easily recognizable.

Email your photographs to Corri at [corrDavis1@gmail.com](mailto:corrDavis1@gmail.com). If you don't use email or computers for that matter, then plan to bring your photograph to an upcoming meeting. Corri will scan the photograph and give it back to you. Please include with your photographs your name, the date the picture was taken and your photograph.

Please plan to send your photographs in as soon as possible. A lot of time and planning goes into preparing for the banquet. **The deadline for submitting your photographs is the November 2016 meeting.** Don't wait until the last minute!

# Twenty Questions With... Captain Troy James



**1. Where are you originally from and how long have you lived in Northeast Florida?**

I'm originally from Oklahoma and I have lived here since January 1995.

**2. What is your job/profession?**

I do I.T. consulting and fishing charters.

**3. Tell us a little something about your family?**

My wife grew up here in Northeast Florida my daughter is in 11th grade at Bolles. My brothers were living here but one is now in Japan and my sisters are still in Oklahoma as well as my father.

**4. How long have you been fly fishing?**

I have been fly fishing since I was 7.

**5. Who are your heroes or who do you admire most?**

Well we can't leave off Christ and my mother

**6. Where is your favorite place to fish?**

Costa Rica and Offshore St Augustine

**7. With what person, living or dead, would you like to spend a day on the water?**

My mom due that it's not possible.





**8. Aside from the obvious (rod, reel and flies) what piece of fly fishing gear do you consider essential to have with you on the water?**

A great boat but polarized sunglasses are very helpful.

**9. What is your "go-to" fly?**

Inshore - crab-a-troy or my 64 redfish fly, Offshore an Enrico Puglisi style fly.

**10. What is your favorite fish to catch on a fly rod?**

Mahi Mahi - Their beauty and elegant dance and fight are supreme.

**11. If you wrote an autobiography, what would the title be?**

How One Man's Quest to Experience All that Life has to Offer

**12. What is the last book you read?**

I have dyslexia so I don't read much outside of educational books. The last few I have skimmed over are I.T., Bird and Music/Film books.

**13. What is on your iPod (ie what kind of music do you listen to)?**

I truly like all kinds of music including types from other countries. However I've never had a thing for acid rock.

**14. How many fly rods do you own?**



Over 50. One time John Bottko gave me a fly rod rack for my wall that held 25 plus rods and I filled it up and then my wife walked in,...Her comment was that she didn't have enough shoes.

**15. What is your favorite guilty pleasure?**

Staying up late working on fly fishing videos and creating music.

**16. What is your idea of a perfect day on the water?**

Offshore light winds low swell and fish exploding all around!

**17. Which talent or skill would you most like to have?**

Probably to be a better drummer which would fix my timing on the other instruments I play.

**18. If you could travel back in time, what year would you visit and why?**

I would prefer to travel to the future but there are many history points I would like to have been around for one would be while Christ was alive.

**19. What is your most treasured possession?**

My wife and child of course, however there is my dog Boomer.

**20. What was the most significant moment of your life thus far?**

One that stands out is when I got married we went on a 7 month wedding vacation all around the world. It was a wedding vacation because the honeymoon lasts forever!

**Bonus Question: If you could spend a week fishing anywhere in the world, where would you go?**

It would probably be somewhere I have never gone and I'm sure many would be greatness but if choosing one where I have been, I love Costa Rica!

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# Remembering Jared Shober

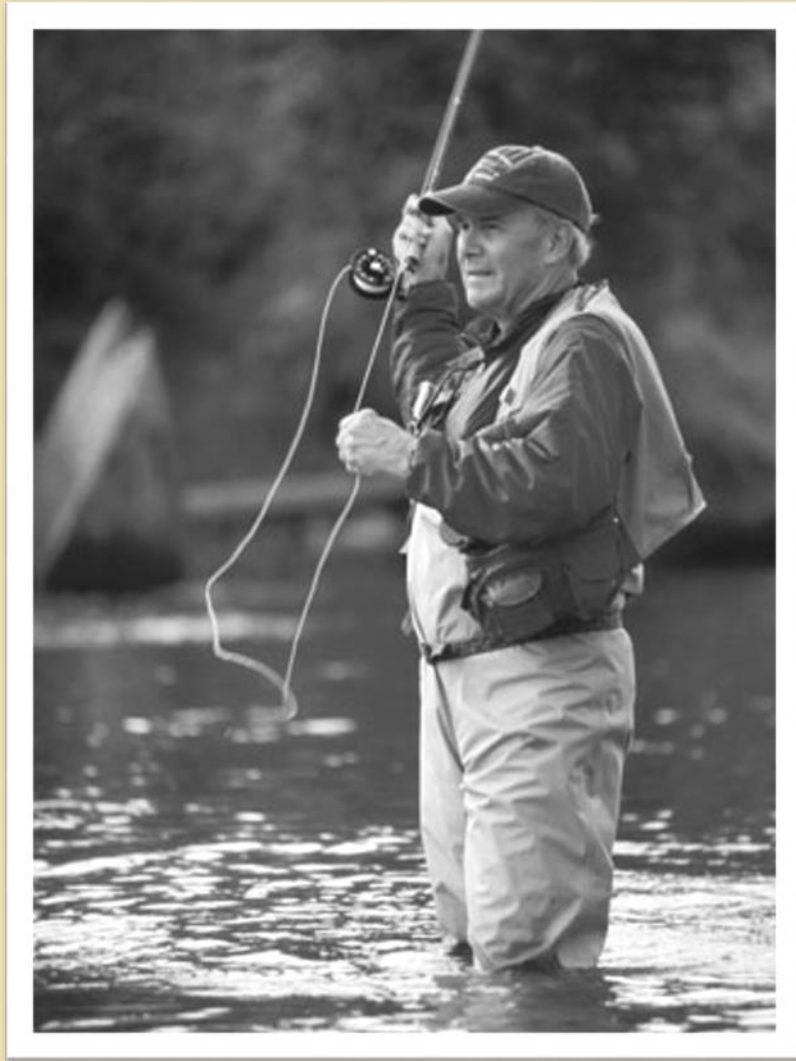


Our thoughts and prayers are with Scott and Jeanne Shober whose son Jared unexpectedly passed away at the age of 33.

Jared had recently moved to North Carolina, where he was working to become an arborist. An avid outdoorsman, he had recently taken up fly fishing under the tutelage of his father as well as his brother Joshua.

Please keep Scott and Jeanne in your thoughts and prayers as they go through this difficult time. The Club has made a donation to a local charity in Jared's name.





“If fishing is like religion, then fly fishing is high church.”

Tom Brokaw



# Outings September 17, 2016 Palm Valley

The second flood tide outing of the year will be on Saturday, September 17th. There is a 5.9 high tide at 11:46 AM that day. To really take advantage of the situation and work the tide from south to north you need a power boat. For those members without a power boat Mike Harrigan, Vice President of Outings, will see that you get paired up with someone with a boat.

If you haven't caught a redfish in the grass this season, there will be plethora of opportunities on the 17th (hopefully). It has yet to be determined whether we will put in at the Palm Valley boat ramp or head south to the Usina boat ramp in Vilano Beach. A decision will likely be made prior to the September 14th meeting. As is the tradition, we will be having a post-outing BBQ at one of the boat ramps.

There will be a sign-up list at the meeting on the 14th so we can get a head-count for the BBQ and to assist in pairing up members in boats. If you can't make the meeting, or want more information about the outing please email Mike Harrigan at [FCFFoutings@gmail.com](mailto:FCFFoutings@gmail.com).

For this outing you will need a sturdy pair of wading shoes, an 8 or 9 weight rod and crab flies. Several patterns are productive for reds in the grass including: Larry Miniard's Fidler in the Grass, John Bottko's Turkey in the Grass, Dupree Spoons and the OCTOGO. If you need to stock-up on flies, tippets or leaders be sure and visit either Blackfly Outfitters Oyster Creek Outfitters. Both shops have a great selection of flood tide accoutrements.



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## SEPTEMBER 2016 TIDES JACKSONVILLE (MAYPORT BAR PILOT DOCK)

DATE		TIME		HEIGHT		DATE		TIME		HEIGHT		DATE		TIME		HEIGHT	
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9/12/2016	Mon	5:12 AM	4.7	H													
9/12/2016	Mon	10:57 AM	1	L													
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9/12/2016	Mon	11:52 PM	1	L													
9/13/2016	Tue	6:08 AM	4.9	H													
9/13/2016	Tue	11:53 AM	0.7	L													
9/13/2016	Tue	6:41 PM	5.4	H													
9/14/2016	Wed	12:40 AM	0.7	L													



**Work, work,  
work, work,  
work, fish,  
fish, repeat.**