

# FIRST COAST FLY FISHERS

AUGUST 2017



*Educating, Restoring, Conserving through Fly Fishing*

FCFF Meeting 7<sup>PM</sup> August 7, 2017

Blackfly Café & Tarpon Taproom

## Fishing the Flood Tide in St Augustine

*Capt. James Dumas - Drum Man Charters*

Over the last couple years, Captain James Dumas has become one of the most sought after guides on the First Coast. His passion for fishing is contagious. In fact, his love of fishing is so great, he named his son Finn. This month, Captain Dumas will be joining us this Month at the [Blackfly Care & Tarpon Taproom](#)



to talk about **Flood Tide Fishing in St. Augustine**. James, a native Floridian, grew up on the water. As a child he chased giant bass and bluegills in the canals around his family's south Florida home. He followed his passion for fishing to Costa Rica and Belize before settling down in North-east Florida. For more than ten years James has been guiding in and around the St Augustine area. James knows these areas well and he will help unlock their secrets. You don't want to miss spending an evening with Captain Dumas learning about the fantastic fishery that awaits south of Jacksonville. If you'd like to book him for a trip, he can be reached through his website at [www.drummancharters.com](http://www.drummancharters.com) or give him a call at 904-687-9498.

The August outing will be at Little Talbot State Park to fish the surf. Few members of the Club know the Little Talbot area better than Don Edlin. He has studied the area extensively in his quest to score a *Surf n' Turf*. He even went so far as to earn his Private Pilots Certificate just so he could study the area from the air. Little Talbot is a great place to fish for people without a boat. On any given day in the summertime, you can catch redfish, jacks, sharks and tarpon in the surf. Regardless of whether you can make the outing, you will want to be on hand at the start of the meeting Monday night to listen to Don talk about Little Talbot. Maybe he will share his secret to scoring a Surf n' Turf. If you have never fished Little Talbot you will also want to hear what Don has to say about being safe while you fish the surf.

On the Cover:

Eli's World

Photograph by Chase Rogers, The Art of Drones

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# Casting for Recovery is Packing Up and Moving to Bozeman

By Tiffany Green

The Casting for Recovery national office on Main Street in Manchester, Vermont has been operating at this location since 2005. However, since its founding in 1996 as a grassroots nonprofit, the locale of our home office (and equipment) has varied. As we prepare to move the office to Montana, I wanted to dig into the history of CfR.

Founded by a breast reconstructive surgeon and a professional fly fisher, Casting for Recovery (CfR) initially was born and nurtured without an office. Efforts were managed out of volunteer's living rooms, kitchens and on sofas for the first several years. In 1998, CfR had acquired the funding to employ its first Executive Director, Seline Skoug, thus creating an "official" office out of her home in Needham, Massachusetts.

Over the course of her time as Executive Director, Seline relocated to Southern Vermont. She established the Casting for Recovery office starting in a one-room sub-rental and then expanding into our current Main Street location. (Image left: The Casting for Recovery National Office, Manchester, Vermont)

The fly fishing equipment that CfR ships to retreat locations has been managed at our Manchester office since 2013. Here we packed, washed, managed and stored all retreat related gear in-house. Prior to that, it spent many

years being managed at a store and ship facility, Hard-Pack Distributors, in Dorset, Vermont.

Though exact dates are hazy, in the early years when CfR operated on a much smaller scale, hosting fewer retreats, equipment was managed and stored by volunteers in both Missouri and Vermont.

Official July 1, 2017, the Casting for Recovery national office (and equipment) will pack up and hit the road once again to find its new home in Bozeman, Montana. It's natural for many of our readers to wonder why.

Casting for Recovery is growing. We're in need of a more centralized and efficient location to build our community. The ability to network and build partnerships in the fly fishing industry will strengthen in our new locale. We'll continue to pursue growth in both breast cancer and outdoor communities nationwide as well. Vermont has been a wonderful home for CfR. There is a lot of history, tradition, and emotion tied to our VT office. Though the transition is swift, our nonprofit organization will benefit from this relocation as we move forth and flourish. (Image right: New CfR national office in Bozeman)

Check back for additional information as we pack up and head West. If you live around the Bozeman area, stop by to cast a line (or help clean some)!

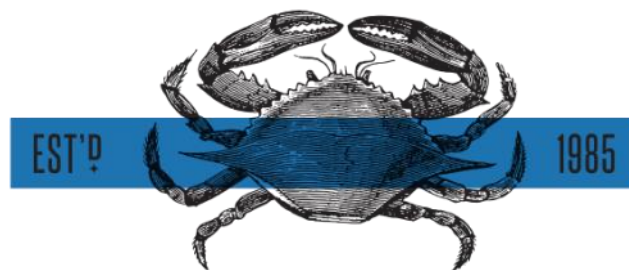


**BACKWATER FISHING ADVENTURES**  
With Capt. David Borries

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**904-708-8915**

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**FISHERMAN'S**  
**SEAFOOD DOCK MARKET**



# Spotted Seatrout Workshop August 7th, from 6 to 8 PM

The Florida Fish and Wildlife Conservation Commission (FWC) needs your input on spotted seatrout management.

The FWC is hosting several public workshops in late July and early August. Share your input on the current status of spotted seatrout by attending one of these workshops.

In northeast Florida the meeting will be held on August 7th at the Jacksonville Public Library Southeast, 10599 Deerwood Park, Jacksonville from 6 to 8 PM.

You can view the workshop presentation at the following link: <http://myfwc.com/media/4242208/FITKJuly2017.pdf>

If you are unable to attend the workshop, but would like to comment on seatrout management, you can submit your comments on-line using the following link: <http://myfwc.com/fishing/saltwater/rulemaking/comments/#Form>



## Spotted Seatrout *Cynoscion nebulosus*

### Appearance:

- Dark gray or green above, with sky-blue tinges shading to silvery and white below
- Numerous distinct round black spots on back, extending to the dorsal fin and tail
- No barbels and no scales on the soft dorsal fin
- 1 or 2 prominent canine teeth usually present at tip of upper jaw

### Habitat:

Seatrout found inshore and nearshore in and around seagrass meadows, mangrove-fringed shorelines, deep holes and channels and above oyster bars.

### Behavior:

Spawning occurs inshore from March through November. Spotted setrout move into deeper, still waters during colder months. They feed on baitfish, mullet, shrimp and crabs.

### Additional Information

State Record: 17 lb 7 oz, caught near Ft. Pierce  
Fishing Tips and Facts: Free-line live shrimp or small pinfish or pigfish (grunts) near the bottom to entice trout out of grass-bed holes. Attaching a float will allow these baits to drift over the grass beds as you search for trout. Casting with soft-bodied jigs, top-water poppers and spoons can be effective. Trout are very delicate, so returning unwanted or illegal fish promptly to the water is necessary to maintain a healthy population. Spotted seatrout are a good eating fish.

Spotted seatrout reach 3 feet and 15 pounds but are common in the 4-pound range.

Image Credit: *Diane Rome Peebles*



**904-687-9498**

**[www.drummancharters.com](http://www.drummancharters.com)**  
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## Fly Fishing Tips Plus One Fishy Factoid

By Bob Morrison

*Chartreuse can do no wrong -*

See color like the fish -- Chartreuse is a color that shows in bait fish when they are beneath the surface of the water. However, chartreuse does not show in a bait fish when it is above the water surface in white sunlight. When tying flies, you can mix yellow and green materials to get various shades of chartreuse, or simply use chartreuse hair or feathers as tying material. You can also use blue or black on top of the chartreuse to lend shape and shade to your bait fish, making it look a little more realistic.

*And it's weedless, too -*

Carl Hanson's favorite fly was the bendback. The bendback body featured a bent hookshank, leaving enough space behind the hookeye on which to tie the wing material. The body can be tied using various shiny materials, including kitchen aluminum foil cemented in place on the hookshank. The wing usually consists of darker colored bucktail tied over a white bucktail lower wing. This wing also lends a weedless feature by covering the point of the upridding hook. Carl recommends tying the head with red thread. Eyes are optional but I like to include them.

*Points to remember -*

Thumbs are important. Remember, your fly line follows your rod tip; the rod tip follows your thumb direction. Make sure your thumb is pointed in the direction you want your fly to travel as it moves toward your target.

Remember, make your backcast to 1 o'clock and your forward cast to 10 o'clock. The result will be a nice tight loop as you cast. Go farther than these limits and you will get a loose loop and you will lose distance as well. So, keep it tight and move your loaded rod forward with all possible speed to get the distance that you want.

Keep your elbow close to your body as you cast to maintain best control of power and direction.

*Bob's Fishy Factoids -*

Global warming has been heating up inshore ocean waters in California, and baitfish have moved into deeper water to escape the heat. The result has been that young seals and sea lions that cannot dive deeply are starving to death. Animal rescuers are now unable to save all the young seals and sea lions that are in trouble. This is a serious matter.

Most birds know that Monarch butterflies taste very badly, and don't eat them. Oddly enough, the Viceroy butterfly also seems to know this fact. The Viceroy imitates the Monarch in size and color pattern and so, birds leave it alone, believing it to be a Monarch. Clever, eh?

Recently, a huge female Burmese python was captured in the Everglades. This snake had 226 eggs in its belly. If these eggs had hatched and half were female and eventually produced 226 eggs, we would be up to our necks in pythons. Therefore, we must do all we can to control python populations.



CAPT. LARRY MINIARD  
GUIDE / ANGLER

**Capt. Larry Miniard**

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## **BLACKFLY FLOODTIDE FESTIVAL SATURDAY AUGUST 19<sup>TH</sup>**

**W**ell, it's almost that time of the year again! Blackfly Outfitter, in conjunction with The Strike Zone & Blackfly Cafe, will be hosting the 4th annual Floodtide Festival August 19th. Like years past we will be setting up "block party" style with our vendors in the parking lot. Come and grab some great BBQ, drink a cold beer or two, and win some killer raffle items.

Also, don't miss the opportunity to learn from one of the best! Our very own Capt. John Bottko will be giving a presentation on floodtide fishing for Redfish and Sheepshead during the event! Learn some tips and tricks from the guy that practically wrote the book!

At Blackfly Outfitters we are happy to give back to the community and the Floodtide Festival is no exception. Just like last year we will donate all of the proceeds from the event to Bullsugar for Everglades Restoration.

If you aren't familiar with Bullsugar's mission that's no problem; there will be representatives here to answer your questions.

So, come out the event; bring the family! It is sure to be great time. Plus, you will be directly contributing to saving the Florida Everglades; one of the world's greatest ecological treasures. We will see you there!



# 2017 SPECIAL REPORT ON FISHING



## OVERALL PARTICIPATION



**1.5 million**  
increase in total participants  
1.8% increase  
Total participation: 47.2 million

## POPULARITY



**#2 Outdoor Activity**  
next to running

## FISHING OUTINGS



**885 Billion**  
total trips  
18.8 trips  
per participant

## 2.5 MILLION NEW PARTICIPANTS



account for **5.3%**  
of total participation  
and tend to be young females

## 3.8 MILLION HISPANIC PARTICIPANTS



**11% increase**  
Hispanics go on **6 more** fishing outings  
than other participants

## 11 MILLION YOUTH PARTICIPANTS



**3% increase**  
ages 6 - 17

## PROFILE OF A FISHING TRIP

**spontaneous**

popular spots include  
**shorelines, boats and riverbanks**

**2.8 adult participants**

**fishing is the primary focus**  
(unlike part of a larger activity like camping)

**83% catch fish**

## THE MOTIVATING FACTORS OF FISHING



for exercise



to be with  
family and friends



to enjoy nature



escape the usual  
demands of life



to experience  
excitement & adventure



Full report available at: [takemefishing.org/corporate/resource-center/research](http://takemefishing.org/corporate/resource-center/research)  
The 2017 Special Report on Fishing is a partnership project with the Outdoor Foundation. All increases are from 2015 to 2016.



**TAKEMEFISHING.org**



**VAMOSAPESCAR.org**



# Banquet Questionnaire

Recently a questionnaire was mailed to the Club membership about the annual banquet. The banquet is a big event each year. It is the Club's secondary source of revenue. Cori Davis and the Board are currently in the midst of planning for this year's banquet and they would like your input.

This is your opportunity to tell them your thoughts on everything from the venue and guest speaker to the raffle and silent auction items. If you haven't done so already, please take a moment and complete the questionnaire. All responses are confidential. So feel free to speak your mind.



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# JULY OUTING

## SNOOK FISHING IN STUART

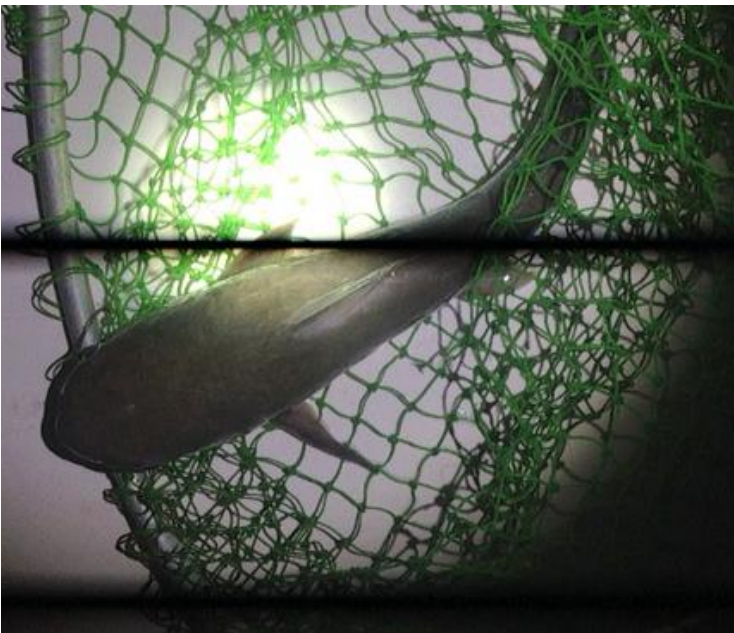
WORDS BY SCOTT SHOBER

WITH PHOTOGRAPHS BY THOSE THAT WERE THERE

One of the favorite club outings for the last several years has been the trip down to Stuart to fish dock lights for snook, and last month's outing proved to be no exception! The weather cooperated, the tide was moving, and several club members made the trip down to Stuart and had some great success finding some snook.

Dick Michaelson and Howard Marshall made a couples weekend of it, got down early with wives Kitty & Julie and hooked up with some fish on Thursday and Friday nights. Paul Hutchins and family persevered a trailer tire blowout on the way down and he and son Chris got into some fish on both Friday and Saturday nights. Mike Harrigan and Scott Shober fished with fish whisperer Rob Benardo and had some success on Friday night, but struggled Saturday down in Loxahatchee.

There was a great cookout Saturday afternoon at River Palm Cottages - a great place for a family getaway / club outing in the future. Make sure you plan to join us next year!



**Just one of the many catfish caught by Dick Michaelson**



**Nigh time Jack and snook caught by Dick Michaelson**





Howard Marshall with a monster trout



Mike Harrigan with a night time snook



Paul Hutchins and his son Chris with a trio of snook



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# Alaskan Adventures

*Bob Yelverton and his son spent four weeks in Alaska between June and July. While they were there, they managed to catch a couple fish.*



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# MAKE PLANS TO ENTER NOW

Signup now for this year's annual Red-fish Spot Tournament. Whether you win top prize or earn some bragging rights, meet new friends or network with old ones, most of all, you'll be guaranteed to have a great time!



*Benefiting Folds of Honor*

This year's Captain's Meeting will be Friday September 8, 2017 at the Amelia Island Marina.

*Tournament Date*

**Saturday September 9, 2017**

*Hosted by*

**Amelia Island Marina**

100% of Entry Fee Money Paid Out in Prizes

Youth Division with Trophies and Prizes

Raffle, Silent Auction, 50/50 drawing

Food / Beverage / Music



Amelia Island  
Guides  
Association

We are a 501(c)(6) non-profit organization and as such there are several Sponsorship Levels available



# Grip It and Strip It!

by Chan Ritchie

It is with great excitement that I report the arrival of flood tide season. Yes the stars and moon aligned last week to deliver some great memories on the grass flats. Specifically, Wednesday July 19 through Friday July 21, delivered the long anticipated collaboration of high water, daylight and hungry fish. Everyone who fished reported not only sightings reds and sheeps, but of plenty of catching too.

Maddog Mike, still moving slowly from back surgery, had a banner evening on Thursday as he, Woody and Andrew landed ten Redfish and one Sheepshead! If it gets better than that, then I have not seen it! Obviously they each had the right presentation when the opportunities were in front of them. With Reds in the grass the presentation is key, as one of our less experienced grass stalkers discovered that very evening.

With baffled frustration he told me that he made a perfect cast and a perfect presentation. The fly plopped

down three feet from the still tailing fish. The fish came up and by luck swam directly toward the sitting fly. It looked to be playing out like a script. Just as the fish reached the fly, our fisherman says he gave the very slightest pull on the line, just enough to make the fly move. Few of you will be surprised by the Redfish's reaction. Yep, the fish exploded and ran like a chicken in a wind storm, leaving the angler confused and disappointed.

I've heard this tale of woe repeated a hundred times, which led me to a curious question- *Uh...pardon me, but....Hello! Is anyone home in there? A perfect cast? A perfect presentation? Really? Me thinkith not! More importantly, Mr. Redfish thinkith not!*

I had to ask- *Did you notice that large and rapidly moving wake, the one that started at your fly and disappeared into the nearby creek just on the other side of that tall grass? You did! Good! Noticing such things is*



Maddog gripping a redfish





important. That departing wake is a pretty strong signal that your idea of perfection may be a tad off.

That said, there are many fish caught using this old-style presentation. However, the spook-factor is way too high for me. And any presentation that spooks the fish is a bad presentation.

Mr. Redfish is in the grass for one reason, to eat. His natural and first inclination is to attack, not run away. If Redfish were inclined to turn-tail run every time a tiny object moves, then the species would have died out from starvation several million years ago. Tell me this; have you caught many skinny Redfish? Me neither. This tells me that ole Red does a lot more attacking than running away! So what is the problem? The problem is not the Redfish's lack of an appetite or his courage to feed. The problem is found within the when and the how.

To best illustrate my point, try this experiment with your cat. If you do not own a cat, then experiment on a neighbor's cat. Attach a 10 foot section of thread to a couple of short pieces of yarn. Chose yarn that will be well camouflaged to blend in with the flooring so as not to be easily noticed by your experimental feline. Now kick back in your recliner, toss the yarn on the floor and wait for the cat to walk by. Allow the cat's nose to be just short of the yard, and then give the thread a gentle tug. Notice how high the cat jumps. Yes this slight movement of a tiny object startled your skilled predator.

At such a close range you triggered the cat's instinctual flight mechanism. The cat will quickly recover and come back to investigate. Mr. Redfish will not. Unlike cats and white-tailed deer, curiosity does not kill many redfish.

To complete the experiment, wait a day or so and try the experiment again using the same tools. This time however do not let the cat get right on top of the yarn. Instead, as soon as you deem the cat to be close enough to see the yarn, pull it quickly. See the difference? The cat attacked. You used the same yarn and the same thread, but you changed the when and the how. Yes it really is this simple.

First however, you must stop spooking Redfish them with your casts. It is a safe bet that more Redfish are spooked by a cast landing too close than via any other means. Redfish have good eyesight. There is no need to set the fly down within three feet of him. I have had many Reds charge a fly that I set down 6 or 7 feet away...but my when and my how were adapted for the situation. First, I waited until the fish was up and moving, with his eyes searching before I moved the fly. Then I stripped the fly aggressively so that his eyes would catch the movement. Man it will over load your adrenalin when a big Red charges full speed ahead from that distance. Just hang on tight.

Give the "*Grip it and Strip it*" a try and enjoy the attack.



# First Coast Fly Fishers 2017 Outings

| Meeting Date          | Location/Species   |   |
|-----------------------|--|---|
| January 13 - 15, 2017 | <b>St Johns River, Osteen, FL</b><br><i>Shad</i>   | ✓ |
| February 1, 2017      | <b>St Johns River - C.S. Lee Ramp</b><br><i>Shad</i>   | ✓ |
| March 2017*           | <b>Night Fishing, Clapboard Creek - Jacksonville, FL</b><br><i>Seatrout, Redfish</i>                     | ✓ |
| April 2017*           | <b>Camping and Fishing Tomoka State Park - Ormond Beach</b><br><i>Redfish, Seatrout, Snook, Flounder</i> | ✓ |
| May 2017*             | <b>Matanzas Inlet</b><br><i>Redfish, Seatrout, Flounder, Snook</i>                                       | ✓ |
| June 2017*            | <b>St Johns River - Green Cove Springs</b><br><i>Largemouth Bass and Bream</i>                           | ✓ |
| July 2017*            | <b>Indian River - Stuart, FL</b><br><i>Snook, Tarpon</i>   | ✓ |
| August 2017*          | <b>Little Talbot State Park - Jacksonville, FL</b><br><i>Redfish in the Surf</i>                         |   |
| September 2017*       | <b>Flood Tide Cedar Point - Jacksonville, FL</b><br><i>Redfish, Sheepshead</i>                           |   |
| October 2017*         | <b>Flood Tide Palm Valley - Ponte Vedra</b><br><i>Redfish, Sheepshead</i>                                |   |
| November 2017*        | <b>Clapboard and Simpsons Creeks - Jacksonville, FL</b><br><i>Redfish, Flounder</i>                      |   |
| December 2017*        | <b>Guana River - South Ponte Vedra</b><br><i>Redfish, Seatrout</i>                                       |   |

\* Exact dates to be based on weather and tides



# First Coast Fly Fishers 2017/2018 Programs

| Meeting Date       | Program/Speaker   |   |
|--------------------|---|---|
| March 6, 2017      | <b>Tarpon Fishing, Baja Honda Tarpon Lodge</b><br><i>Trevor Luce</i>                | ✓ |
| April 3, 2017      | <b>Offshore Kayak Fishing</b><br><i>Pam Wirth</i>                                   | ✓ |
| May 1, 2017        | <b>Sport Fishing Statistics</b><br><i>Rob Southwick, Southwick Associates, Inc.</i> | ✓ |
| June 5, 2017       | <b>Surf Fishing Little Talbot</b><br><i>Capt. John Bottko</i>                       | ✓ |
| July 10, 2017      | <b>Our Oceans are Changing</b><br><i>Cameron Jaggard, Pew Charitable Trust</i>      | ✓ |
| August 7, 2017     | <b>Redfish in the Grass</b><br><i>Capt. James Dumas</i>                             |   |
| September 11, 2017 | <b>Fly Tying</b><br><i>Staff from 239Flies.com</i>                                  |   |
| October 2, 2017    | <b>Fishing Photography with DSLR and Drones</b><br><i>Robwil Valerdy</i>            |   |
| November 6, 2017   | <b>Fisheries Conservation</b><br><i>Nick Pectol, Costal Conservation Assoc.</i>     |   |
| December 4, 2017   | <b>Secret Santa and Pot Luck Dinner</b><br><i>Santa and FCFE Members</i>            |   |
| January 8, 2018    | <b>Fishing in the Digital Age</b><br><i>Tom Swick, Fishbrain</i>                    |   |
| February 5, 2017   | <b>Fishing the Upper Keys</b><br><i>Capt. Honson Laui</i>                           |   |

*\*Speakers and programs are subject to change*







“The music of angling is more compelling to me than anything contrived in the greatest symphony hall.”

*-A.J. McClane  
Writer, Angler*

August's Outing....

# Little Talbot

# State Park

Saturday August 12th

**S**urf fishing in northeast Florida doesn't get any better than it is at Little Talbot Island. On any given day you can catch redfish, bluefish, jacks, drum, and tarpon. The ever-changing landscape of the island means that you will never fish the same place twice. If you are up for the challenge (and a long walk) join the Club on Saturday, August 12th at Little Talbot State Park.

The park opens at 8 am and there is a \$5 entry fee. We will meet at the first parking lot past the park entrance. Plan to be there shortly after the park opens. The Club will provide an assortment of breakfast sandwiches.

## No Boats Required

Boats will not be needed for this outing. We will be walking to the north end of the island to fish the Nassau Sound. Be fore warned, it is a 2-mile walk to the north end of the island. On the way back, you will likely be walking in water. Wear appropriate footwear.

## Flies and Equipment

You will want an eight or nine weight rod for this outing. You will want the strength of a larger rod to help combat the wind and fight the bigger fish that have been known to frequent the sound. If you have a sink-tip line you will need it for this outing to deliver the fly to the fish quickly. If you don't have a sinking line, a floating line will work, but plan to pair it with a long leader.

If you are not used to fishing in the surf, it would be a good idea to bring a stripping basket. Clouser Minnows in grey and white or chartreuse and white along with crab patterns work well. Captain John Bottko's Surfing Wooley was originally designed to fish the surf at Talbot Island.

## Fishing

This is sight fishing north Florida style. Blind casting usually won't produce many fish. Don't cast until you see a fish or evidence of baitfish activity. Check the sloughs and runouts for fish,

## Safety

Safety is paramount when fishing the surf in this area. The sand is constantly moving and shifting and there are several drop-offs and holes. Avoid wading in water deeper than your knees. If you are not a strong swimmer or your unsure of your footing, plan to wear an inflatable life vest.

Avoid being on the ocean side of a slough during an incoming tide. The water will come in fast and you will easily be without a way to walk back to shore.

Be aware of your surroundings. Sharks frequent these waters. In the afternoons thunderstorms will blow up at a moments notice.

Wear proper clothing and a hat. Your best bet is to wear long sleeves and pants to avoid getting sunburned. Bring plenty of water with you.

## More Information

More information about the outing or if you have questions about the outing, contact Outings Chairman Mike Harrigan at [FCFFOutings@gmail.com](mailto:FCFFOutings@gmail.com).

## Capt. John Bottko



**(904) 757-5757 Or (904) 997-2220**



## August 2017 TIDES JACKSONVILLE (MAYPORT BAR PILOT DOCK)

| DATE      | TIME         | HEIGHT | DATE      | TIME         | HEIGHT | DATE      | TIME         | HEIGHT |
|-----------|--------------|--------|-----------|--------------|--------|-----------|--------------|--------|
| 8/1/2017  | Tue 4:19 AM  | 4.1 H  | 8/14/2017 | Mon 2:24 PM  | 5.1 H  | 8/23/2017 | Wed 10:41 AM | 5.1 H  |
| 8/1/2017  | Tue 10:19 AM | 0.5 L  | 8/14/2017 | Mon 8:26 PM  | 0.6 L  | 8/23/2017 | Wed 4:21 PM  | -0.3 L |
| 8/1/2017  | Tue 5:08 PM  | 4.7 H  | 8/15/2017 | Tue 2:42 AM  | 4.6 H  | 8/23/2017 | Wed 10:59 PM | 5.4 H  |
| 8/1/2017  | Tue 11:10 PM | 0.8 L  | 8/15/2017 | Tue 8:41 AM  | 0.1 L  | 8/24/2017 | Thu 4:48 AM  | -0.3 L |
| 8/2/2017  | Wed 5:13 AM  | 4.1 H  | 8/15/2017 | Tue 3:27 PM  | 5.2 H  | 8/24/2017 | Thu 11:28 AM | 5.1 H  |
| 8/2/2017  | Wed 11:07 AM | 0.6 L  | 8/15/2017 | Tue 9:34 PM  | 0.6 L  | 8/24/2017 | Thu 5:11 PM  | 0 L    |
| 8/2/2017  | Wed 5:58 PM  | 4.7 H  | 8/16/2017 | Wed 3:49 AM  | 4.5 H  | 8/24/2017 | Thu 11:42 PM | 5.2 H  |
| 8/3/2017  | Thu 12:01 AM | 0.8 L  | 8/16/2017 | Wed 9:44 AM  | 0 L    | 8/25/2017 | Fri 5:32 AM  | 0 L    |
| 8/3/2017  | Thu 6:04 AM  | 4.1 H  | 8/16/2017 | Wed 4:37 PM  | 5.2 H  | 8/25/2017 | Fri 12:13 PM | 5.1 H  |
| 8/3/2017  | Thu 11:54 AM | 0.5 L  | 8/16/2017 | Wed 10:39 PM | 0.5 L  | 8/25/2017 | Fri 6:02 PM  | 0.3 L  |
| 8/3/2017  | Thu 6:45 PM  | 4.8 H  | 8/17/2017 | Thu 5:00 AM  | 4.5 H  | 8/26/2017 | Sat 12:25 AM | 5 H    |
| 8/4/2017  | Fri 12:49 AM | 0.7 L  | 8/17/2017 | Thu 10:47 AM | -0.1 L | 8/26/2017 | Sat 6:18 AM  | 0.3 L  |
| 8/4/2017  | Fri 6:52 AM  | 4.2 H  | 8/17/2017 | Thu 5:44 PM  | 5.4 H  | 8/26/2017 | Sat 12:58 PM | 5 H    |
| 8/4/2017  | Fri 12:39 PM | 0.4 L  | 8/17/2017 | Thu 11:43 PM | 0.3 L  | 8/26/2017 | Sat 6:55 PM  | 0.7 L  |
| 8/4/2017  | Fri 7:28 PM  | 4.9 H  | 8/18/2017 | Fri 6:07 AM  | 4.6 H  | 8/27/2017 | Sun 1:08 AM  | 4.8 H  |
| 8/5/2017  | Sat 1:33 AM  | 0.5 L  | 8/18/2017 | Fri 11:50 AM | -0.2 L | 8/27/2017 | Sun 7:05 AM  | 0.6 L  |
| 8/5/2017  | Sat 7:38 AM  | 4.2 H  | 8/18/2017 | Fri 6:46 PM  | 5.5 H  | 8/27/2017 | Sun 1:43 PM  | 4.9 H  |
| 8/5/2017  | Sat 1:23 PM  | 0.3 L  | 8/19/2017 | Sat 12:42 AM | 0 L    | 8/27/2017 | Sun 7:51 PM  | 0.9 L  |
| 8/5/2017  | Sat 8:10 PM  | 5 H    | 8/19/2017 | Sat 7:09 AM  | 4.7 H  | 8/28/2017 | Mon 1:52 AM  | 4.6 H  |
| 8/6/2017  | Sun 2:13 AM  | 0.4 L  | 8/19/2017 | Sat 12:51 PM | -0.4 L | 8/28/2017 | Mon 7:55 AM  | 0.8 L  |
| 8/6/2017  | Sun 8:22 AM  | 4.3 H  | 8/19/2017 | Sat 7:43 PM  | 5.6 H  | 8/28/2017 | Mon 2:31 PM  | 4.9 H  |
| 8/6/2017  | Sun 2:03 PM  | 0.2 L  | 8/20/2017 | Sun 1:38 AM  | -0.2 L | 8/28/2017 | Mon 8:47 PM  | 1.2 L  |
| 8/6/2017  | Sun 8:49 PM  | 5 H    | 8/20/2017 | Sun 8:06 AM  | 4.9 H  | 8/29/2017 | Tue 2:40 AM  | 4.5 H  |
| 8/7/2017  | Mon 2:50 AM  | 0.2 L  | 8/20/2017 | Sun 1:48 PM  | -0.5 L | 8/29/2017 | Tue 8:46 AM  | 1 L    |
| 8/7/2017  | Mon 9:04 AM  | 4.4 H  | 8/20/2017 | Sun 8:36 PM  | 5.7 H  | 8/29/2017 | Tue 3:23 PM  | 4.8 H  |
| 8/7/2017  | Mon 2:41 PM  | 0.1 L  | 8/21/2017 | Mon 2:30 AM  | -0.4 L | 8/29/2017 | Tue 9:41 PM  | 1.3 L  |
| 8/7/2017  | Mon 9:28 PM  | 5.1 H  | 8/21/2017 | Mon 9:00 AM  | 5 H    | 8/30/2017 | Wed 3:32 AM  | 4.4 H  |
| 8/8/2017  | Tue 3:24 AM  | 0.1 L  | 8/21/2017 | Mon 2:42 PM  | -0.6 L | 8/30/2017 | Wed 9:36 AM  | 1.1 L  |
| 8/8/2017  | Tue 9:46 AM  | 4.5 H  | 8/21/2017 | Mon 9:26 PM  | 5.6 H  | 8/30/2017 | Wed 4:18 PM  | 4.9 H  |
| 8/8/2017  | Tue 3:18 PM  | 0 L    | 8/22/2017 | Tue 3:18 AM  | -0.5 L | 8/30/2017 | Wed 10:32 PM | 1.3 L  |
| 8/8/2017  | Tue 10:07 PM | 5.1 H  | 8/22/2017 | Tue 9:52 AM  | 5.1 H  | 8/31/2017 | Thu 4:29 AM  | 4.4 H  |
| 8/9/2017  | Wed 3:57 AM  | 0 L    | 8/22/2017 | Tue 3:32 PM  | -0.5 L | 8/31/2017 | Thu 10:26 AM | 1.1 L  |
| 8/9/2017  | Wed 10:28 AM | 4.6 H  | 8/22/2017 | Tue 10:13 PM | 5.5 H  | 8/31/2017 | Thu 5:13 PM  | 4.9 H  |
| 8/9/2017  | Wed 3:57 PM  | 0 L    | 8/23/2017 | Wed 4:03 AM  | -0.4 L | 8/31/2017 | Thu 11:22 PM | 1.3 L  |
| 8/9/2017  | Wed 10:46 PM | 5.1 H  |           |              |        |           |              |        |
| 8/10/2017 | Thu 4:32 AM  | 0 L    |           |              |        |           |              |        |
| 8/10/2017 | Thu 11:10 AM | 4.7 H  |           |              |        |           |              |        |
| 8/10/2017 | Thu 4:38 PM  | 0.1 L  |           |              |        |           |              |        |
| 8/10/2017 | Thu 11:26 PM | 5 H    |           |              |        |           |              |        |
| 8/11/2017 | Fri 5:10 AM  | 0 L    |           |              |        |           |              |        |
| 8/11/2017 | Fri 11:53 AM | 4.8 H  |           |              |        |           |              |        |
| 8/11/2017 | Fri 5:25 PM  | 0.2 L  |           |              |        |           |              |        |
| 8/12/2017 | Sat 12:09 AM | 5 H    |           |              |        |           |              |        |
| 8/12/2017 | Sat 5:54 AM  | 0 L    |           |              |        |           |              |        |
| 8/12/2017 | Sat 12:38 PM | 4.9 H  |           |              |        |           |              |        |
| 8/12/2017 | Sat 6:19 PM  | 0.4 L  |           |              |        |           |              |        |
| 8/13/2017 | Sun 12:54 AM | 4.9 H  |           |              |        |           |              |        |
| 8/13/2017 | Sun 6:44 AM  | 0.1 L  |           |              |        |           |              |        |
| 8/13/2017 | Sun 1:28 PM  | 5 H    |           |              |        |           |              |        |
| 8/13/2017 | Sun 7:20 PM  | 0.5 L  |           |              |        |           |              |        |
| 8/14/2017 | Mon 1:45 AM  | 4.8 H  |           |              |        |           |              |        |
| 8/14/2017 | Mon 7:40 AM  | 0.1 L  |           |              |        |           |              |        |

