FIRST COAST FLY FISHER

SEPTEMBER 2008



Bruce Richards Here For October 18 Clinic

Cutting-Edge Instruction on the First Coast

Ace casting instructor and *Sci-Anglers'* fly line developer *Bruce Richards* is coming to FCFF Saturday, October 18, for our Fall Casting Day—a full day of casting instruction, diagnostics, and good times at M & M Dairy. Bruce Richards heads the *Federation of Fly Fishers' Casting Board of Governors* and is recognized as a world-class casting instructor, diagnostician, and coach. Bruce is known as "the most influential fly fisherman most anglers have never heard of."

In addition to developing fly lines, Bruce and bio-mechanics professor Noel Perkins have developed and market *The Casting Analyzer* (*formerly Sage Casting Analyzer*), a tool which measures and graphs the quality of your cast.



Bruce Richards

The *Casting Analyzer* is now used world-wide to help casters visualize their cast, compare the cast against other casters, and help them improve. Bruce will bring the newest version to FCFF Casting Day the club for us to use during his visit.

Bruce was named the *2007 Angler of the Year* by editors at *Fly Rod & Reel* magazine. Richards is now part of a list that includes noted fly fishing legends and noted anglers such as 'Lefty' Kreh, Leon Chandler, Nick Lyons, Bob Clouser, Joan Wulff, John Gierach, Rusty Gates and Craig Matthews. "We usually don't name 'industry' people as Angler of the Year," said Paul Guernsey, editor at Fly Rod & Reel, "but Bruce is such an obvious choice as much for his character as for his accomplishments that we couldn't allow ourselves to pass him over."

Please sign up at the September and October meetings, so we wil lknow how many lunches and drinks to prepare. Contact Rob Benardo to sign up: rob@flyyaker.com. The event is free to dues paid members of First Coast Fly Fishers.

September Meeting - Monday, Sept. 8. Southpointe Marriott, 7 p.m. Casting at 6 p.m. Speaker: Capt. Larry Miniard. Topic: Grass Fishing -- Increase Your Catch. September Outing - Saturday, Sept. 20, 12-noon. Meet at Cedar Point To Wade The Flood Tides for Redfish. October Meeting - Monday, Oct. 6. Capt Dave Borries Talks About His Budget Bonefish Trips to the Bahamas FIRST COAST FLY FISHERS OFFICERS & BOARD

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Rick Palazzini palbro@comcast.net

BANQUET Dr. Larry Holder leholder@earthlink.net

<u>NEWSLETTER</u> David Lambert smartcasts@gmail.com

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Passing the Passion

A Scrap of Paper Says 'Thank You, Dad.'



by Jimmy Harris, from Unicoi Outfitters Newsletter

Just how important is it for all of us, from novice angler to professional, to pass along our passion for this sport? Recently I fished the Madison River below Raynolds Pass Bridge. I noticed what I thought to be a piece of trash wedged between a rock and a log on the stream bank. Thinking I would haul it back to the car for disposal, I walked over and picked it up.

It was an envelope addressed only to "Dad."

I opened it up, assuming someone had dropped it during the day. Maybe I could find out whom it belonged to and return it in the parking lot that evening. As I read, it became painfully obvious that it was written by a woman whose father must have recently passed away. To say it was touching would be an understatement and throughout I had feelings that I was invading someone's privacy.

But on second thought, I am convinced she placed the letter there for her father—and for other fishermen, in hopes that it may affect the way the reader considered his/her own fishing life and those around them.

After much thought I decided that it may have been providence that I found her letter, that I should share it with all our friends. With full acknowledgment to the unknown author, here are her thoughts:

Dear Dad:

I hope you enjoy being out here fly-fishing with me today. This is a trip I know you would have loved hearing about. If it wasn't for you, I wouldn't have the interest I do in these kind of adventure vacations. I wanted to let you know how much I appreciate you giving & teaching me so much.

Thank you for all the **really** important stuff you taught me including:

- How to ride my first bicycle

- How to throw a snowball, dribble a basketball and for enlarging the end of our driveway so you could build a basketball court for me. Typical for you, the way you installed that metal pole into the ground probably means it will be there forever!

- How to put a worm on a fishing hook without getting grossed out (especially since Kathy wasn't very good at it.)

Thank you for instilling a love of the great outdoors in me.

Thank you for buying me brand new ski equipment and taking me skiing for the very first time, even if we did spend most of that day in the emergency room at Nyack Hospital since you broke your ankle coming down the slope!

Thank you for teaching me the value of a dollar. When I asked you for a pair of fashionable high-top leather Converse red & white basketball sneakers that cost \$50 at the time, you taught me a valuable lesson when you convinced me to earn money for them myself. And I mowed every lawn in our neighborhood that weekend in order to buy those sneakers, I still have them.

Thank you for sitting on the sidelines, cheering me on and <u>staying in the bleachers</u> at my softball and basketball games without embarrassing me!

Thank you for taking just me down to the Palisades cliffs the summer I was 15 to watch the Tall Ships sail up the Hudson River to celebrate the July 4th Bicentennial. I remember that day like it was yesterday.



Salmon and 'Bows on the Aniak River 5 Species of Salmon, Plus Dolly Varden, Char, and Rainbows

by Don Lerner

You can catch all five species of salmon fishing the Aniak River in Alaska, depending on the time of year you fish. You can also catch rainbow trout, dolly varden, and char. My friends and I booked our trip through Aniak Air Guides (aniakairguides.com). It was an exceptional trip and the fishing was good.

The red salmon run first, followed closely by kings in June/early July along with chum salmon. Then silver salmon come in late July to mid/late August. Rainbows run with spawning fish. The rainbows are called leopard bows here, due to their markings, and are truly wild fish. You'll never catch rainbows like these in the lower 48; they average about 22inches. My largest last year was 27 1/2 inches.

We fished kings on 9 & 10 wt rods with sinking tips with 30-50lb leader. They will break off lighter leader but it can be done. Any large fly, colorful such as popsicles with a 0 or 2-0 hook, barbless. Silvers are caught on 6-8 weight rods, the later preferable. All species can be caught on egg patterns, floating line with a long 7-9ft leader with some split shot and indicator. I also used my spey rod, 8 weight with 650gr skagit line with T-14 sinking tip. This should be no more than about 6-7ft to reduce losing flies on logs of which there are many. I now have a log named after me with all my pretty flies attached to it!

This is a float & camp trip and while most fishing is done from the raft (3 person: 2 fishing with one guide per boat) fishing for kings is best done from the gravel bars or wading. Camping is in tents with cots for comfort and you bring your own sleeping bag. You can request any special foods, remembering perishables such as vegetables do not keep too long. Your guide can do everything for you or limited depending on your requests/needs.

We are pretty self-sufficient and had an excellent guide who knew the river well and the fishing. He would tie his own flies and your welcome to them although I brought many of my own. This is not a trip for the weak hearted or those who don't like camping or being completely outdoors. You cannot bring fish back as there is no way to keep them fresh for the duration of the trip. We kept only what we ate. Rainbow trout are protected in Alaska and cannot be kept. Kings limit is 2 per fisherman per day. No limits on the other species. You will need an Alaska fishing license and a King stamp if targeting kings.

Transportation is not included and the trip is about \$3500 for the 6 days. Airfare averages about \$7-800 from Jacksonville to Anchorage round trip. We flew on Delta which has nonstop during the summer from Atlanta to Anchorage. From Anchorage to Aniak, AK you can fly either Frontier or Pen Air, the costs about \$350.00 round trip. Depending on the day of week you travel, you may have one overnight in Anchorage. The trip includes flying you to your destination from Aniak, usually on a cub plane or float plane. All gear is provided except fishing gear and sleeping bags, but you should bring your own anyway.



Exclusive Invitation for FCFFers -and Have BBQ on Us

SATURDAY, SEPTEMBER 27th 4:30 PM; 10051 Skinner Lake Dr, Jacksonville

Every fall, Black Creek Outfitters sells their kayak demos and replaces them with the new models. This year, they will go on sale at the end of September. In October, the new models with the new higher prices (since kayaks are petroleum-based products) will be available.

OnSeptember 27th, the FCFFers will get first choice to come by Black Creek Outfitters, starting at 4:30 PM, to "try and buy" our demos at big savings. Whether you are interested in buying or just curious how they will perform, bring the family and your fly rod (the 22-acre lake is stocked with bream and bass). Our knowledgeable staff will be available to answer your questions and help you try out the kayaks on our lake.

Have BONO'S BBQ on us while we customize YOUR kayak with rod holders, anchor systems, rudders, etc.

We will have all models of kayaks from Hobie, Liquid Logic, Native, Mad River, Old Towne, Ocean Kayak and Wilderness, paddles by AquaBound and Warner and fishing PFDs by Extra Sport, Patagonia and Stohlquist.

PLEASE NOTE: BLACK CREEK DONATES 1% OF ALL AQUATIC SALES TO ST. JOHNS' RIVERKEEPERS TO HELP KEEP OUR FISHING WATERS CLEAN. THEIR LATEST DONATION WAS \$10,000.



Passing The Passion from page 3

Thank you for choosing <u>me</u> to be your little helper and to "hold the light" for you all those hours we worked on projects together in the garage and passing on all your handyman skills to me. Women really <u>do</u> need to know more than just the difference between a flat head and Phillips head screwdriver!

Thank you for not being <u>too</u> upset with me for driving over a median and pulling the muffler off your blue Dodge on my way home from a New Year's Eve party on Long Island.

Thank you for supporting my career and relocation choices, even if some of them didn't seem to make sense at the time and made you scratch your head in wonder at what the heck I was doing.

Thank you most of all for teaching me to be responsible, happy, self-sufficient, honest, hard-working, polite and independent. Without you, I wouldn't be the woman I am today. I hope I made you proud.

Thank you for being my Dad. I will miss you greatly, I already do.

Love always, your daughter, Terry •

Flyfishing is about more than just catching fish and aren't we fortunate for that. Pass it on.



Don Edlin with a Silver "Ocean" Rred from Little Talbot Island



Guide Boats Along the John Day at Night Camp Shoal

Summer Smallies on the John Day, Oregon by Donn McKinnon

"You will be pampered!" This is Marty Shepard's guarantee. Marty is the owner of Little Creek Outfitters who offer fly fishing trips on Oregon's John Day River during the summer months each year. The John Day is one of the last free flowing rivers left in the state so the water warms up and the flow decreases each summer, making the smallmouth more accessible during their short growing season. Catches of one hundred fish per angler per day per angler are common according to the angling magazines.

Last winter, John Morford asked me if I was interested in meeting up with him for a July trip. He was planning on flying to Portland, Oregon and renting a car to go to the river which is located in northeast Oregon in the arid (dry) part of the state. He knew my wife Robin and I spent our summers in Oregon in our RV, and wondered if I were interested. I told him I had been planing to go for several years now, but had just not gotten around to it. So John called Marty Shepard and booked a three day float.

Before the John Day River flows into the massive Columbia River, it wanders some 500 miles through very remote desert country and farmland. Access is extremely limited through the 125 miles of this area that is normally fished. Therefore, guided trips are the better way to go; usually either 3 days or 5 days. John and I booked a three-day trip as we were mindful of the possibility of 100-degree weather during July—and we didn't know how well we would hold up to five days of intense heat. (As a note - two of the days we were on the river reached 100 degrees.)

I met up with John in Rufus, OR, where Robin and I had parked our RV. We then drove 35 miles to Condon to meet up with Marty and the other guides. We stayed in the historic Hotel Condon for a night. I don't know why it is historic, other than it is old. It was pleasantly restored and very comfortable. Robin went with me for the night and wondered why she should go back to the RV instead of staying there. While in the hotel, John and I made arrangements with Marty for a car shuttle to the planned takeout spot (somewhere in the middle of nowhere).

The next morning at 6 a.m., we met up with the rest of the party. Two of them were fishing buddies from Northern Oregon and the others were brothers, one from Seattle, one from Gainesville, FL (small world, eh?). Little Creek Outfitters brought along a team of three guides for three rafts along with a fourth raft piloted by a husband and wife team of camp wranglers. The wranglers take a supply raft down river and set up camp for the night while three fishing rafts worked their way downstream.

'Throwing Trout Flies to Smallmouth Bass'



John Morford (L) Prepares to release a John Day Smallie. Donn Mckinnon (R) with a typical Smallmouth

continued from page 6-- we launched near Spray, OR. All rafts were assembled; all we fishermen had to do put our sleeping bags and overnight gear in a dry bag on the supply raft then rig up our rods. We swapped each day, but John and I had Marty on the first day.

We started to catch fish almost immediately. Our first surprise was that the flies we threw were more the size of trout flies than bass flies. They were hitting small surface poppers. The fish were not just everywhere however. They were thickest along the grassy bank, steep rock banks and especially under the foam in the back eddies just after a riffle. The trick for surface flies was to try and land the fly with a loud plop. That seemed to call these aggressive fish over to the fly. Often the fish would jump out of the water and land down on the fly with its mouth open. Marty said this was damselfly feeding behavior. He said the fish had learned to attack damselflies this way to try and drown them or submerge them so they could not fly off. He also said that when the fish were feeding this way, you didn't really have to use a damselfly pattern, which is extremely fragile, but you could use any popping bug. The fly I had the most success with over the three days was a number 10 Chernobyl ant. This fly was not only productive, it held up well to all the strikes. It normally took 30 or so fish to finally render it ineffective.

During the hot part of the day some of us switched to a number 10 woolybugger. Green buggers with rubber legs and a weighted head worked best for me, but all would catch fish. If you didn't want to go deep you could still catch a few fish periodically with surface poppers during this time.

At lunch time, the three rafts would stop and the guides would carry tables, chairs and coolers up to the bluff to the shade to have lunch and a nap if desired. As Marty had proclaimed, they spoiled us! They even rigged a hand-washing station for us. About the only work we had to do was to take the fish off the hook when we caught them. The guides would have been happy to do this too, but it would affect fishing time so John and I graciously opted to catch and release our own.

Around 5 or 6 PM we would come upon the campsite. Everything would be set up and dinner ready to prepare. There were three tents for the three pairs of anglers. Each had two cots with pads set up. They also set up a "groover" tent which contained a port-a-potty. This tent was strategically placed about 50 yards away from the camp. They placed a roll of toilet paper on a tree limb about halfway to the tent. If the paper was hanging there, it meant the groover was open for business.

During the evening, you could wander around and fish, swim in the cool water or just sit around and tell stories. The guides and wrangles did all the work. The campsite was very organized. The bench seats in the rafts turned into tables and the supply raft carried all the cooking gear. The aforementioned hand wash station is worth elaborating on. They would lash three oars at the top and stand them like a teepee. Hanging from the top would be a cylindrical Igloo cooler with a spigot near the bottom. From the spigot they hung a plastic cup by one edge to pour enough water to wash your hands. In the bottom of the cup was a 3/8 in hole on the opposite side from where it was hung. The hole in the bottom of the cup would allow just enough water to stream out to wash the soap off your hands without wasting water. A bottle of campsoap and a handywipe was also hung beside the cooler.

Now back to the fishing. Overall, the fishing was excellent; however the fish were **very** small. The guides and the service were outstanding. They provided all the flies, though I did bring just the right color of bugger that they didn't have. I would recommend a 3 or 4 weight as the flies were small. John

Fishing From The Mothership Air Conditioning, Showers, Hot Food. It's Just Like Home



Above Diduwanna Makes A Luxurious Fishing Platform. Below: Kud-Man At the Helm

by Rob Benardo

Bart Isaac and I were invited by Dave Kudley to take a 2-day ride on his 38ft Sea Ray named Didu-

wanna. We decided on the mother ship experience, which is motoring to an area full of great fishing potential, anchoring up and when conditions are right, taking advantage of the easy access to catch a ton of fish. So we loaded up on supplies, strapped our kayaks to the bow rails and shoved off, heading north up the Intracoastal for a twonight stay.

Whenever you step

onto a boat and leave the dock you better be ready for an adventure. This trip turned out to be everything you hope for and fear condensed into a beautiful couple of days of fishing with surprise guests, great meals and just enough trouble thrown into the mix to keep things interesting; "a jokers dream if I ever did see one" comes to mind. We had a great time laughing, fishing and telling stories. I would like to thank Dave alias Mr. Wolf for inviting us and for being such a gracious host.

by Bart Isaac

David Kudley is an excellent and most gracious host!! As Rob stated, this was a great trip indeed; great



people and great adventures. This is one of those trips that you talk about and think about for a long time.

By the way, in the picture of me with the redfish, there is a reason that I have that suprised smile on my face. David was getting ready to take a picture. As I was about to land the fish I grabbed the leader. The leader came out of my hand and somehow the

line wrapped the time of my line.....not good. I had one more chance to grab the leader. Just as I grabbed the leader, the fish twisted and broke the tippet at the knot. I quickly thrust my hand into the water and put a vice like grip on the fish just in front of the tail, pulling it out of the water and supporting it with my other hand as I screamed, "yeaaahhhhh". That was when David took the picture.

Again, excellent adventure!

Fly Casting Lessons Made Simple! with links To FFF Virtual Graphic Illustrations

by Rich Santos, FFF Certified Casting Instructor http://www.flyfishjax.com/

I think of two important factors that really matter when I cast a fly rod and line. They are extremely critical when delivering the fly so it gets to the target.

The first is **how well you** can load or bend the rod. This is caused by the amount of acceleration and power you apply coupled with the weight and mass of the fly line that resists against the rod tip. Hauling will also help you more with loading the rod deeper for more power and line speed to achieve long distances.

Rich Santos

The second is the shape of your loop. This is the vehicle

that drives the fly line forward to your target. The path of your rod tip is most responsible with determining the shape of your loop. The loops shape and path of the rod tip may need to vary depending on your fishing situations.

To master the factors mentioned above there are (5) five basic Casting Essentials that you must remember and practice. All 5 works together to achieve the ultimate cast! I recommend that you first focus on each one separately while practicing and put them together as you go along. The essentials are as follows:

1. The Elimination of Slack Line:

http://www.virtualflycasting.com/Graphics/Flash/5E_Slack.swf This is critical for loading your rod properly and maximizes the rods full potential.

2. Proper Acceleration of the Fly Rod:

http://www.virtualflycasting.com/Graphics/Flash/5E_Acc.swf You must have a continuously smooth speed up throughout the casting stroke with

the power phase beginning at 90 degrees from the target to an abrupt stop.

3. Straight Line Path of the Rod Tip:

http://www.virtualflycasting.com/Graphics/Flash/5E SLP.swf It's critical to form a narrow loop. SLP combined with the rod tip dropping

slightly at the end of the casting stroke results in a narrow loop. This will travel

further, have better accuracy and control and be less wind resistant.

4. Your Casting Stroke

http://www.virtualflycasting.com/Graphics/Flash/5E_Arc.swf

Final Comments and Tips:

On of the biggest Issues I see with students after taking lessons is they do understand the 5 basic essentials needed for good casting mechanics but fail to immediately incorporate them into there casting style. I blame this on old muscle memory which will take time to overcome. If you remember the 5 essentials while practicing the old bad habits will eventually change. Practice should be in your backyard or in a park so you can concentrate on your casting. It won't happen while you're fishing!

Also another major issue is rod selection. You must consider the rods action type vs. casting style. They must be matched properly to achieve good casting form and mechanics for your body type. The faster the rod action the better reflexes and coordination you must have.

I believe that the backcast is 75% responsible with achieving good casting. Always watch you back cast to see what going on until you have the feel.

Use you shoulder and body more to cast the rod than wrist and elbow.

Most of the casting faults I have observed are:

1. Floppy wrist causing wide open loops. Rod tip not in a straight line path

2. Lack of line speed and rod loading which introduces stack.

3. An erratic application of power while accelerating inducing slack.

My point here is if you are conscious of what I have mentioned above it may help improve your casting.

of line being casted.

5. Pause

www.virtualflycasting.com/ Graphics/Flash/Pause.swf Good timing is critical and will also vary depending on length of line casted.

For more details and explanation go to: http:// www.virtualflycasting.com/ essentials.htm

Varies with the length

http://

Oregon Smallies on the John Day

continued from page 7 -- and I thought we averaged about 70 fish per day each, but we did not bother to count. I

did count fish during a stop we made for a break during one day. I wandered about 100 yards upstream of were we beached the raft. I had noticed a stretch of moving water with a grassy bank and a pretty good drop-off. I went to the head of the run and caught a fish on the first cast with the green bugger. On the next cast I caught another. So I decided to count casts and fish. In total, I made 23 casts and caught 21 fish before I was called back to the raft. This was in just 15 minutes!

Now, the fishing was not that consistent all the time, but it indicates just how many fish are in the river. The estimate is an average of 3000 per river mile, but it varies from section to section according to Marty. He said

All the Comforts of Home

according to Marty. He saidsetthe 5 day float, which was done in the lower section of thewithriver had bigger fish and they seemed to be more numerous.setHe said that the more access to the public, the smaller the fishsetwere.set

The cost of the trip was about \$1,000 apiece for the three day trip. This is a real good deal considering the service and the food provided. The car shuttle cost \$70 and the hotel

was \$169 for the night. There is a cheaper hotel in town, but it didn't look like a place to take your wife. There is

place to take your whe. There is more to do in the area. Numerous fossil beds are found from town to town, each containing animal plant or insect fossils depending on the location. There is a town called Fossil in the area where the center of the activity is. Marty said that the winter steelhead fishing on the John Day can be spectacular. The season is late November and December. He says that the John Day has more native fish than any other stream he guides on.

Marty is an interesting guy. He's a former snowboarder turned fishing guide and business owner. He's also paid by Columbia sportswear to design of snowboarding clothing. All the guides were experienced fly fishermen. One was a young guide from southern Washington and the other an older retired rodeo bull rider. The wrangler was a

snowboarding coach. All in all, they were quite an eclectic group with lots of stories to tell. One of the fishermen in the group delighted in finding names for the various rock formations seen during the float each day and would tell us what he named them during each evening. Great stuff!

To contact Marty Shepard for trips on the John Day for summer bass or winter steelhead, contact Little Creek Outfitters at http://www.littlecreekoutfitters.net or call (509) 365-0085.



Steve, Troy, John Adams - Recovering Members of the Picolata Bream Jerks Society

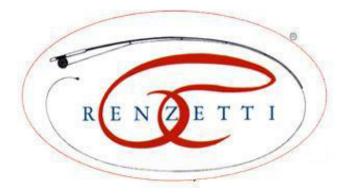








Top center: Val and Friend Basil with Stuart Snook.Bottom Center: A 5-Boat Tie-off At Kudley's Mothership. Bottom left: Bart Isaac's Big-un



Fly Fishing Legends Coming to Titusville

Come Meet Lefty, Clouser, Cave, Popovics, et al.

Mark your calendar! The legends of fly-fishing will gather in Titusville on Dec 5 and 6 for the *2nd Fly Fishing & Rod Building Fair*, hosted by *Renzetti, Inc.*, the leading manufacturer of fly tying and rod lathe equipment.

Special guests and instructors include Lefty Kreh with *Temple Fork Outfitters*, Bob Clouser, Bob Popovics, Pat Ehlers, Jon Cave, Tom Kirkman, Jim Uptown, Jay Murakoshi, Ken Hanley and many others. They will be joined by leading rod builders, some of finest in the industry.

These icons come together to teach the beauty, passion and fun of fly-fishing, the art of fly tying, and the intricacy and satisfaction of rod building. So whether you're curious about the sport or a seasoned veteran, come join us for this exciting event!

Sponsors include *Temple Fork Rods*, *Hells Bay Boatworks*, *TDC* and *Custom Gheenoe*.

The full-day Saturday event is free to the public, but seminars and workshops fill quickly, so sign up early. Free workshops and clinics include fly tying and rod building seminars, casting clinics, and seminars in equipment and rigging. You can also tour the Renzetti factory. All events will be taught by leading experts in the field.

Also at the Fair will be representatives from various fishing destinations, fly-fishing and nature artists, and flats skiffs from the innovative builders like Brevard-County's own *Hell's Bay*, *Vector Works* and *Custom Gheenoe*.

CLOUSER, POPOVICS, CAVE CLINIC

New to this year's event-learn from three of the sport's best-known instructors in a *full-day fly fish-*

ing clinic on Friday, Dec. 5. Bob Clouser, Bob Popovics and Jon Cave will conduct this clinic for a lucky few. This seminar is limited to 15 participants; it will fill quickly so call now to reserve your spot.

COCKTAIL PARTY FRIDAY EVENING

On Friday evening, Dec 5, Lily and Andy Renzetti will host *a cocktail party to benefit Casting for Recovery and the Kid's Fishing Clinic at Port Canaveral.* Come and join Lily and Andy and a few of the sports true legends for this intimate affair. Tickets for this fundraiser event are limited, so please plan to attend this special event and make your reservations early.

More information? Go to **www.renzetti.com.** Please make early reservations for either event on the Friday, Dec. 5; call 321-267-7705. Renzetti, Inc. is located at 8800 Grissom Pkwy., Titusville, FL 32780.



Rick Palazzini Models The New Summer Fly Colors at August's Little Talbot Island Outing

