FIRST COAST FLY FISHERS

MAY 2017

Educating, Restoring, Conserving through Fly Fishing

FCFF Meeting 7 PM May 1, 2017
Blackfly Outfitters Tarpon Taproom

Economics of Fly Fishing

Rob Southwick
Southwick Associates

This month the First Coast Fly Fishers is pleased to welcome Rob Southwick, economist and President of Southwick Associates. Rob will be discussing the economics of fly fishing and the sport fishing industry. Southwick Associates is a market research, statistics, and economics firm, specializing in the hunting, shooting, sportfishing, and outdoor recreation markets. For over 25 years, Southwick Associates has helped the outdoor community understand trends, and how hunting, fishing and other recreational activities translate into jobs, revenues and more. In 2006, Southwick Associates developed AnglerSurvey and HunterSurvey to provide the outdoor industries with business intelligence about sportsmen's purchasing habits and to identify leading brands and industry trends. They also help individual companies understand the size of their specific markets and assess the potential of proposed business ventures. On the international front, Southwick Associates has organized the development of economic models and surveys to demonstrate the important economic contributions of sportfishing to Latin American countries, and has helped the U.S. alligator industry open business in Russia and China.

Very few of us consider the economics behind fishing outside of what we might pay for a rod and reel or to hire a guide. Rob's interactive presentation will change that. He will provide a unique perspective on the sport fishing industry that you don't want to miss.

Please note the change in venue for the May meeting. This month the meeting is being held at the **Blackfly Tarpon Taproom located at 11702 Beach Boulevard, Jacksonville.** The kitchen and bar will be open during the meeting. So, plan to grab some dinner and maybe a beer during the meeting. The Taproom will be closed to the public during out meeting.

After the meeting let use know your thoughts. What do you thing about having future meetings at the Taproom?

On the Cover:
Club Treasurer Bob Connery with a Henry's Fork Brown Trout

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U.S. Reps. Graves, Green, Webster, Wittman Champion Federal Saltwater Fisheries Reform

Washington, D.C. - April 6, 2017 - The recreational fishing and boating community praised the introduction of a bill that addresses critical challenges facing saltwater recreational fishing at the federal level. Led by Congressmen Garret Graves (R-La.), Gene Green (D-Texas), Daniel Webster (R-Fla.) and Rob Wittman (R-Va.), the "Modernizing Recreational Fisheries Management Act of 2017" (Modern Fish Act) would improve public access to America's federal waters, promote conservation of our natural marine resources and spur economic growth.

"On behalf of America's 11 million saltwater anglers, we thank Congressmen Graves, Green, Webster and Wittman for championing this legislation to modernize federal recreational fishing management," said Jeff Angers, president of the Center for Sportfishing Policy. "For decades, the recreational fishing community has been subjected to antiquated federal policies not designed to manage recreational fishing. The time is now to update these policies so families can fully enjoy our nation's remarkable marine resources and continue a proud American tradition on the water."

The Modern Fish Act addresses many of the recreational fishing community's priorities including allowing alternative management for recreational fishing, reexamining fisheries allocations, smartly rebuilding fishery stocks, establishing exemptions where annual catch limits don't fit and improving recreational data collection. The bill aims to benefit fishing access and conservation by incorporating modern management approaches, science and technology to guide decision-making.

"We applaud the introduction of the Modern Fish Act in the House and the efforts of Rep. Graves and his colleagues to modernize the federal regulations governing access to the public's natural resources by boaters and anglers," said National Marine Manufacturers Association President Thom Dammrich. "We appreciate the Congressmen's support for better management of our recreational fisheries that will bring federal management into the 21st century."

"Getting more Americans outdoors and enjoying our wonderful natural treasures, including in saltwater spaces, requires updating and modernizing federal management approaches," said Mike Nussman, president of the American Sportfishing Association. "The Modern Fish Act addresses the core issues within federal saltwater fisheries management that are limiting the public's ability to enjoy saltwater recreational fishing, and will help maximize the economic, social and conservation benefits that recreational fishing provides to the nation."

"This legislation reflects the vision and commitment of the recreational angling community to work with Congress and NOAA to provide quality angling opportunities for all stakeholders," said Patrick Murray, president of Coastal Conservation Association. "We commend Congressmen Graves, Green, Webster and Wittman for providing a pathway to better management of America's marine fisheries in the future."

"For decades in federal fisheries management, recreational fishing was always an afterthought," explained Jim Donofrio executive director of the Recreational Fishing Alliance. "The Modernizing Recreational Fisheries Management Act introduced by Congressman Graves and his colleagues finally addresses the specific needs of the recreational fishing community; stands to bring parity to fisheries management and will get anglers back on the water."

The coalition of groups supporting the Modern Fish Act includes American Sportfishing Association, Center for Sportfishing Policy, Coastal Conservation Association, Congressional Sportsmen's Foundation, Guy Harvey Ocean Foundation, International Game Fish Association, National Marine Manufacturers Association, Recreational Fishing Alliance, The Billfish Foundation and Theodore Roosevelt Conservation Partnership.

Fishpond and RIO Products Collaborate on Tippet-Loaded Headgate

IDAHO FALLS, Idaho (March 27 2017) – RIO Products, manufacturer of fly line, leader, and tippet, partners with Fishpond, maker of fly fishing and outdoor adventure gear, to create the Headgate Tippet Holder loaded with five RIO Powerflex tippet spools.

The updated Headgate, designed and manufactured by Fishpond, will come in RIO-inspired colors and with 2X-6X Powerflex tippet spools. The Headgate is made from anodized aerospace aluminum with a built-in, replaceable line cutter. The secure spring opens easily to slide spools on and rubber washers hold the spools in place.

RIO's Powerflex Tippet is made from co-polymer PTFE coating and its light grey color increases its camouflage on the water. With 30-yard spools of 2X, 3X, 4X, 5X, and 6X, the loaded Headgate is ready for any trout fishing situation.

"We have a long history with RIO and we really enjoyed collaborating on this project together," said Fishpond co-owner, Ben Kurtz. "RIO tippet is second to none, and we saw this alignment as a great opportunity."

The RIO Fishpond Headgate Tippet Holder will be available this month for a retail price of $39.95, meaning one spool of tippet is free through this collaboration.

About RIO Products

RIO is a pioneer in developing fly lines, leaders and tippet material to enhance fly fishing experiences across the globe. Offering premium fly lines for both freshwater and saltwater fishing applications, RIO consistently utilizes field experience and scientific testing to create the best products on the market for anglers. Founded 20 years ago in the mountains of Idaho, RIO continues to develop innovative products, design revolutionary tapers and refine performance-driven fly line technologies. For more information about RIO Products, please visit www.rioproducts.com. Connect with us through Facebook, Instagram, and Vimeo.

About Fishpond

Fishpond is a worldwide brand of products designed and manufactured for fishing and outdoor enthusiasts. Fishpond was created with the philosophy that innovation, design and a responsibility towards the environment from which we draw our inspiration is critical to our success. For more information, visit www.fishpondusa.com. Connect with us via Facebook and Instagram.

Some Casting Tips to Remember

Words by David Lambert
Photographs by Scott Shober and Bob Connery

Editor's Note: Casting is the foundation of fly fishing. No matter how long you have been fly fishing, there is always room for improvement when it comes to casting. To be a consistent fly caster you must practice. And perfect casting makes perfect. So, one or two times a year the Club holds casting clinics for new and old members a like to brush up on the fundamentals. The Club would like to thank certified Casting Instructors David Lambert and Gavin Glover for presenting the Spring Casting Clinic on April 8th.

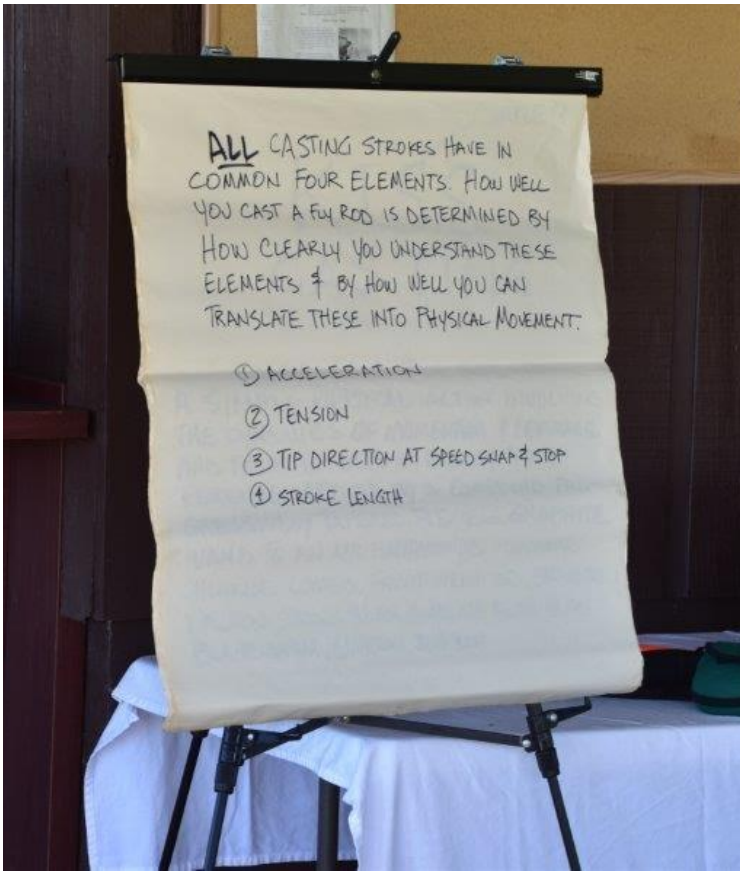
Fly casting is all about doing things right. But, as they say, 'it ain't that easy."

Here's a couple quick tips I covered at the Practical Fly Casting Day this month (with the help of Fly Fishers International Certified Instructor Gavin Glover).

First, you need to have a strong grasp of the basics, or fundamentals, of the cast. If you're new to casting, you might want to use a fly line that is one weight heavier than your rod is rated for

- Drop your rod tip to the water or grass. Point your rod tip at your target -- and keep your eyes on it.
- Strip in all slack.
- Begin the backcast slowly, and steadily increase speed (accelerate smoothly, evenly) over the length of the casting stroke. Stop your rod tip at approximately 45 degrees from the horizon (or two o'clock), which should end up with your line unrolling exactly opposite (180 degrees away) from your target.
- Imagine a line the runs parallel to the ground/water at rod-tip height. Try to make your rod tip 'scribe' that line. We call that following a straight-line path.
- Do not let your rod 'waggle' from side to side and don't turn your wrist as you begin your stop.
- Stop the rod handle completely for a microsecond -- then let the line unroll.
- As you begin the forward cast, start slowly, then accelerate following the same imaginary line. Stop with the rod tip high and let the line unroll.
- As the line unrolls and begins to settle to the water, slowly drop your rod tip at the same speed as the rod. This gives you a straight line with little slack, so you can begin stripping, or you can set the hook if a fish takes your fly.

Do all these right and you'll be casting like a pro. Heck, do most of them right and you catch more fish, and you'll enjoy it more, too.



David Lambert, MCI teaching the fundamentals

Gavin Glover, CI demonstrating the fundamentals of casting.

Casting around the pond

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David Lambert demonstrating a water haul from the dock.

To watch the trailer click on the image above or type the following URL into your internet browser: http://livingwatersflyfishing.com/unspoken/

Unspoken: A Pursuit of Rio Grande Cutthroat – Film Trailer

What is Unspoken?

Unspoken is a short film about pursuing and conserving Rio Grande Cutthroat Trout. The film was created primarily to inspire others to take action on behalf of the species. Unspoken was filmed and co-produced by Chris Johnson, owner of Living Waters Fly Fishing and Nathan Brown, Living Waters' art and media specialist. Living Waters Fly Fishing is a Gold Level, Trout Unlimited endorsed business, and has partnered with Trout Unlimited in their effort to raise awareness and funding for the species. As a result of this partnership, Trout Unlimited has created a donation fund for those who desire to contribute directly to Rio Grande Cutthroat conservation. **The money that is raised from Unspoken goes directly to on-the-ground projects on public water!**

> *"The film started as merely an idea on a phone call, and then grew into something that reached beyond our scope of imagination! Nathan and I shot film and fished for a week – and oh my goodness, what a week!"*

In the course of a single week of filming, we nearly got stranded in a canyon, almost dehydrated, hiked over 40 miles, drove over 2000 miles, and I blew out my knee on the third day of filming. However, we saw country that few ever see, and I know that most of the water we fished sees less than a single angler each month! It was truly special to catch and release fish in places where no footprints could be found!"

Rio Grande Cutthroat occupy just over 10% of their native range and are primarily confined to high elevation streams. Native to Colorado and New Mexico, the Rio Grande Cutthroat is the United States' southernmost trout species. Habitat loss and non-native species introduction are two of the primary culprits for the Rio's decline. Many are unaware that there is not a single native brown, rainbow, or brook trout in either Colorado or New Mexico. The Rio Grande Cutthroat is one of only two native trout species in New Mexico and one of only four in Colorado (one of which, the Yellowfin Cutthroat, is already extinct). The importance of protecting the Rio Grande Cutthroat cannot be stressed highly enough. Organizations like Trout Unlimited, Colorado Department of Game and Fish, and New Mexico Game and Fish are dedicated to expanding the current range of the species.

While conservation groups and wildlife departments devote a large amount of time, effort, and money to Rio Grande Cutts, you personally can make a difference as well! Click the donate button on this page to donate to current Rio Grande Cutthroat conservation projects! Scroll down further to see a full listing of current cutthroat conservation projects that we are involved in.

Thank you so much for watching the film, and for your support of Rio Grande Cutthroat! Together we can make a difference for many generations to come!

Tight Lines,
Chris Johnson
Owner
Living Waters Fly Fishing

LIVING WATERS FLY FISHING

Snook to Close in Gulf State and Federal Waters

Snook will close to all harvest in Gulf state, federal and inland waters, including all of Monroe County and Everglades National Park, starting May 1. Seasonal harvest closures conserve Florida's valuable snook populations and help sustain and improve the fishery for the future.

Snook is open to harvest in Atlantic state, federal and inland waters, including Lake Okeechobee and the Kissimmee River, through May 31, closing June 1.

Both the Atlantic and Gulf will reopen for recreational snook harvest Sept. 1.

Snook are one of the many reasons Florida is the Fishing Capital of the World. While snook may be caught and released during the closed season, the Florida Fish and Wildlife Conservation Commission (FWC) encourages anglers to handle their catch carefully to help the fish survive upon release. Proper handling methods can help ensure the species' abundance for anglers today and generations to come. To learn more about fish handling, visit MyFWC.com/Fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Fish Handling."

Anglers can report their catch on the Snook & Gamefish Foundation's website at SnookFoundation.org by clicking on the "Angler Action Program" link in the bar at the top of the page.

Learn more about recreational fishing at MyFWC.com/Fishing by clicking on "Saltwater Fishing" and "Recreational Regulations."

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New Study Shows Americans' Deep Appreciation for Nature, Barriers to Connection

Contact with nature is an important part of growing up and linking Americans to one another; competing priorities and other factors impede getting outdoors.

The findings from an unprecedented national study of Americans' relationship to nature reveal an alarming disconnection, but also widespread opportunities for reconnecting. The results are prompting nature conservation, environmental education and outdoor recreation leaders to rethink how they work to connect people with nature.

"The Nature of Americans National Report: Disconnection and Recommendations for Reconnection" reveals important insights from a study of nearly 12,000 adults, 8- to 12-year-old children, and parents, and provides actionable recommendations to open the outdoors for all.

Americans encounter a number of society-wide forces disconnecting them from nature. Americans face competing priorities for their time, attention and money. They live in places that often have more concrete than green space. It is increasingly normal to spend little time outside.

- More than half of adults report spending five hours or less in nature each week, and most are satisfied with this minimal amount of time. Many parents and older adults lament that children today are growing up with limited opportunities to experience nature.

- Parents say their 8 -to 12-year-old children spend three times as many hours with computers and TVs each week as they do playing outside.

Despite these challenges, there is opportunity. Americans of all backgrounds recognize that nature helps them grow healthy, be happy, and enjoy family and friends. Adults and children enjoy their time in nature. They feel affection for nature, are attracted to its beauty, appreciate its resources, and value its role in intel-

Continued on Page 10

lectual and spiritual development.

- Over three-quarters of adults rate contact with nature as very or extremely important for their physical health and emotional outlook.

- One-quarter of parents surveyed say contact with nature has improved their child's weight, attention span, energy, anxiety, asthma or other health outcomes.

- Three-quarters of adults support increasing the number of programs for Americans to enjoy nature, the outdoors and wildlife. More than one-half think programs for Americans to enjoy nature and wildlife are underfunded.

- Seven out of 10 children surveyed would rather explore woods and trees than play on neat-looking grass. Eight out of 10 like activities such as climbing trees and camping.

Restoring Americans' connection to nature requires overcoming the gap between interest and action. "The Nature of Americans National Report" details recommendations for restoring Americans' connection to nature, including:

- Pay close attention to – and respond to – adults' existing concerns about younger generations' disconnection from nature.

- For adults and children, promote nature not only as a place for experiences, but also as a place for involvement and care.

- Assure adults and children that time in nature can be (and even ought to be) social.

- Support mentorship that extends beyond the parent–child relationship.

- Carefully consider how different sectors promote what "good" connection with nature is or ought to be.

- Deepen local experiences in nature near home.

- For children and adults, use geographically local or familiar activities as a bridge to geographically distant or unfamiliar activities.

- Provide socially safe and satisfying places outdoors, especially for urban and minority adults and children.
- Promote experiences in nature that match Americans' multidimensional values of nature.

- For adults, promote conservation efforts as a way to improve their overall community and quality of life.

- Join parents, children and adults alike in recognizing that expenditures on children's engagement with nature are fundamentally important investments.

- Build partnerships among professionals in healthcare, education, urban planning, conservation, community development and other sectors.

The core premise of these recommendations is that connection to nature is not a dispensable amenity but, rather, is essential to the health, economic prosperity, quality of life and social well-being of all Americans.

The Nature of Americans is led by DJ Case & Associates. It builds on the late Dr. Stephen R. Kellert's research on the importance of contact with nature to human well-being. This unique public–private collaborative is sponsored by the Fish & Wildlife Foundation of Florida, the Florida Fish and Wildlife Conservation Commission, Texas Parks & Wildlife Department, U.S. Fish and Wildlife Service, Disney Conservation Fund, Morrison Family Foundation, Wildlife Management Institute and Yale University.

More information and reports are available at NatureofAmericans.org.

"This research gives us great insight into the value that Floridians have for the natural world...The Nature of Americans reinforces our commitment to bring people and wild places together for the long-term health and well-being of both."

BACKWATER FISHING ADVENTURES With Capt. David Borries

Capt. David Borries' Backwater Fishing Adventures

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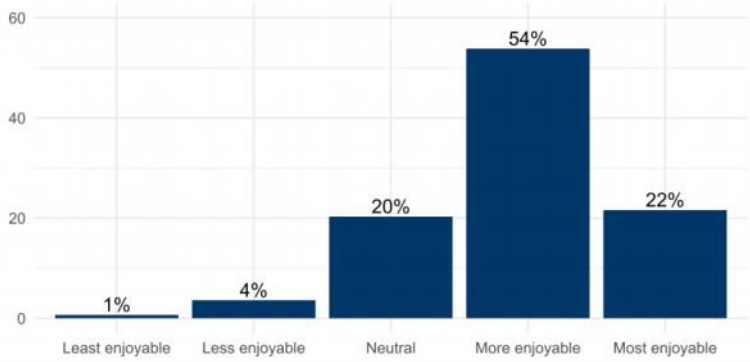
Nature is Highly Enjoyable for Florida Adults

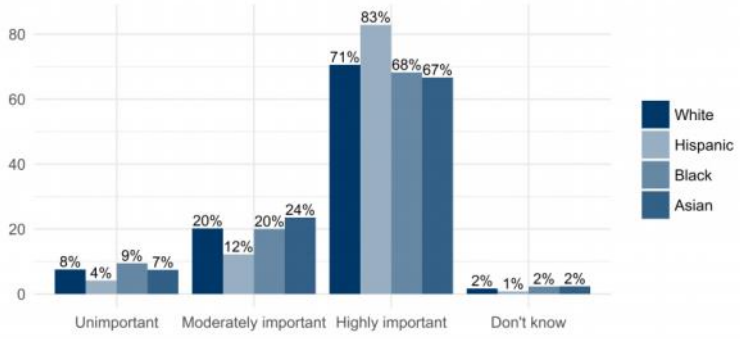
Three-quarters of Floridian adults rate their intersts in nature as their most enjoyable or among their more enjoyable.



"How do your interests in nature compare with your other interests?" Adult Floridians 18+. N = 2,227. Source: NatureofAmericans.org

Across Race and Ethnicity, Americans Recognize the Importance of Nature for Their Physical Health

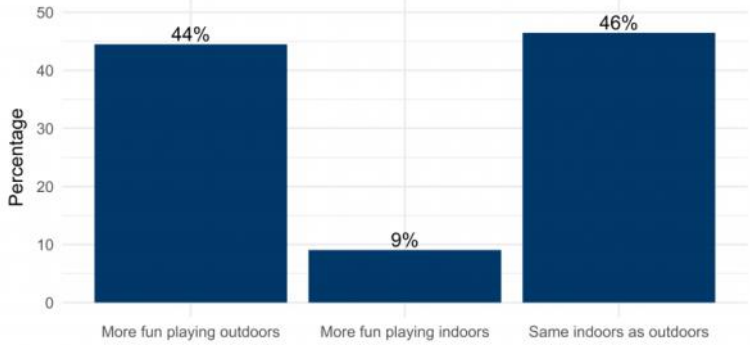
Hispanic American adults are especially likely to say contact with nature is very or extremely important for their physical health.



"How important is getting into nature for your physical health?" Adults 18+. N = 5,459. Source: NatureofAmericans.org

The Outdoors is Fun for Florida Children

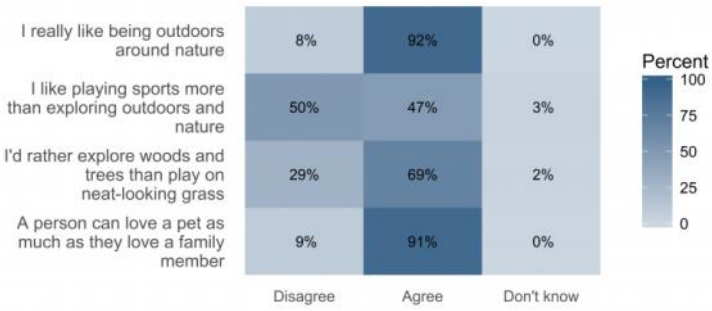
Only 9% of children in Florida have more fun playing indoors than playing outdoors.



"When you think about the things that you like to do for fun when you play indoors and outdoors, do you have more fun... playing outdoors, playing indoors, or do you have as much fun playing indoors as playing outdoors?" Florida children 8-12. N = 254. Source: NatureofAmericans.org

Florida Children Drawn to Nature Experiences

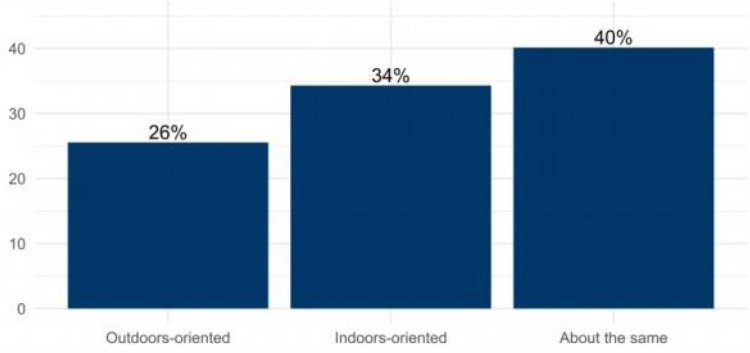
The vast majority of Florida children surveyed like being outdoors and exploring woods and trees.



"Do you agree or disagree with each of these ideas?" Florida children ages 8-12. N = 254. Source: NatureofAmericans.org

Few Florida Adults Have Outdoors-oriented Pastimes

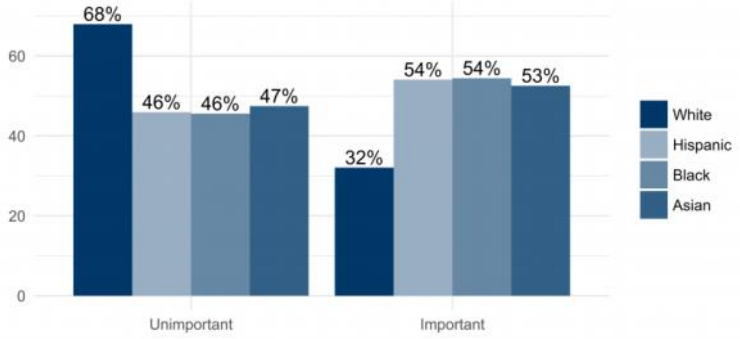
Only one-quarter of Floridian adults say their pastimes and hobbies are outdoors-oriented.



"Would you say your pastimes, hobbies, and recreational interests are more... indoors-oriented, outdoors-oriented, or about the same indoors- and outdoors-oriented?" Adult Floridians 18+. N = 2,227. Source: NatureofAmericans.org

More than Half of Nonwhite American Adults Think Outdoors is Unsafe

More than one-half of nonwhite American adults say the outdoors is unsafe is a moderately, very, or extremely important barrier to their interests in nature.



"How important is each of the following in hindering your interests in nature today? ...The outdoors is unsafe." Adult Americans 18+. N = 5,459. Source: NatureofAmericans.org

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First Coast Fly Fishers
2017 Outings

Meeting Date	Location/Species
January 13 - 15, 2017	**St Johns River, Osteen, FL** *Shad*
February 1, 2017	**St Johns River - C.S. Lee Ramp** *Shad*
March 2017*	**Night Fishing, Clapboard Creek - Jacksonville, FL** *Seatrout, Redfish*
April 2017*	**Camping and Fishing Tomoka State Park - Ormond Beach** *Redfish, Seatrout, Snook, Flounder*
May 2017*	**St Augustine Area Creeks** *Redfish, Seatrout, Flounder, Snook*
June 2017*	**St Johns River - Green Cove Springs** *Largemouth Bass and Bream*
July 2017*	**Indian River - Stuart, FL** *Snook, Tarpon*
August 2017*	**Little Talbot State Park - Jacksonville, FL** *Redfish in the Surf*
September 2017*	**Flood Tide Cedar Point - Jacksonville, FL** *Redfish, Sheepshead*
October 2017*	**Flood Tide Palm Valley - Ponte Vedra** *Redfish, Sheepshead*
November 2017*	**Clapboard and Simpsons Creeks - Jacksonville, FL** *Redfish, Flounder*
December 2017*	**Guana River - South Ponte Vedra** *Redfish, Seatrout*

** Exact dates to be based on weather and tides*

First Coast Fly Fishers
2017/2018 Programs

Meeting Date	Program/Speaker
March 6, 2017	**Tarpon Fishing, Baja Honda Tarpon Lodge** ✓ *Trevor Luce*
April 3, 2017	**Offshore Kayak Fishing** ✓ *Pam Wirth*
May 1, 2017	**Sport Fishing Statistics** *Rob Southwick, Southwick Associates, Inc.*
June 5, 2017	**Surf Fishing Little Talbot** *Capt. John Bottko*
July 10, 2017	**Stand Up Paddle Board Fishing Guana Dam** *Matt Chipperfield, North Guana Outpost*
August 7, 2017	**FCFF Swap Meet (Food and Drinks Provided)** *FCFF Members*
September 11, 2017	**Fly Tying** *Staff from 239Flies.com*
October 2, 2017	**Fishing Photography with DSLR and Drones** *Robwil Valerdy*
November 6, 2017	**Fisheries Conservation** *Nick Pectol, Costal Conservation Assoc.*
December 4, 2017	**Secret Santa and Pot Luck Dinner** *Santa and FCFF Members*
January 8, 2018	**Fishing in the Digital Age** *Tom Swick, Fishbrain*
February 5, 2017	**Fishing the Upper Keys** *Capt. Honson Laui*

**Speakers and programs are subject to change*

"In these sad and ominous days of mad fortune-chasing, every patriotic, thoughtful citizen, whether he fishes or not, should lament that we have not among our countrymen more fishermen."

Grover Cleveland

-Grover Cleveland

22nd and 24th President of the United States

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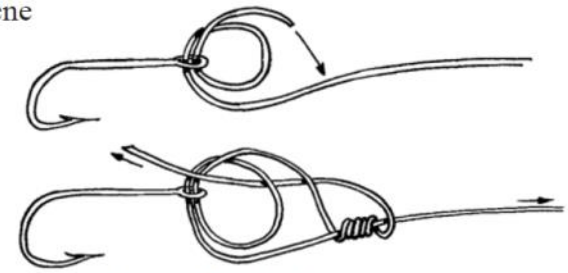
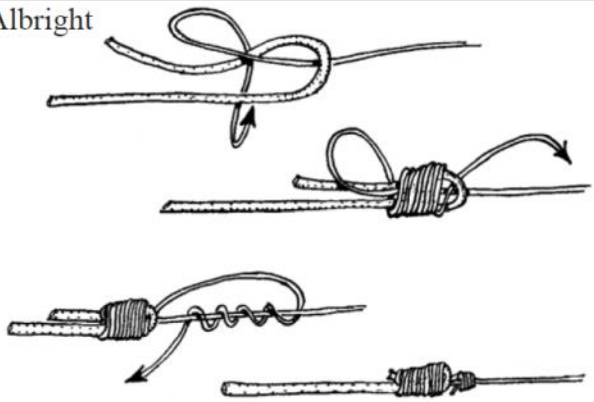


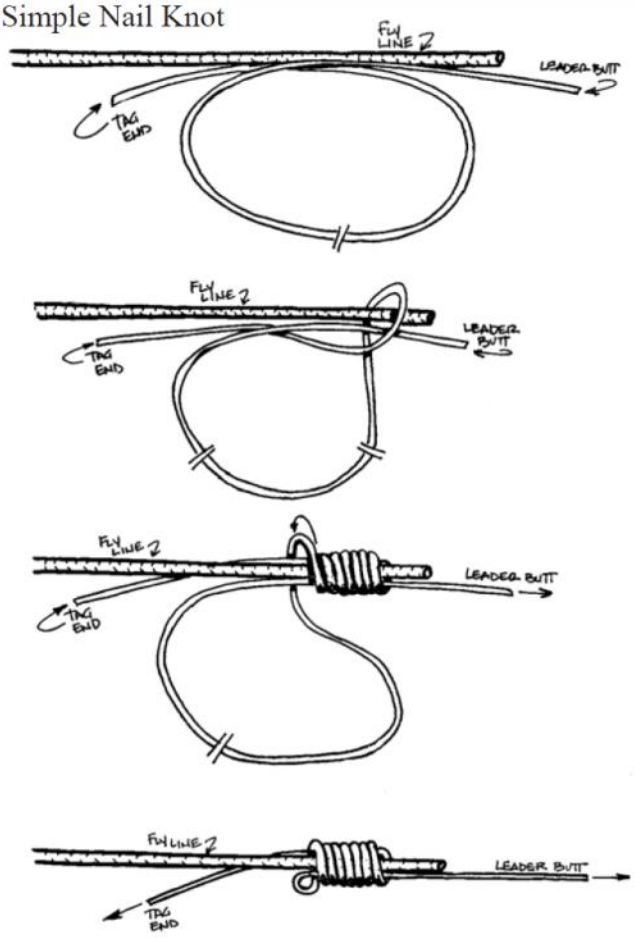
Fly To Leader/Tippet

Albright



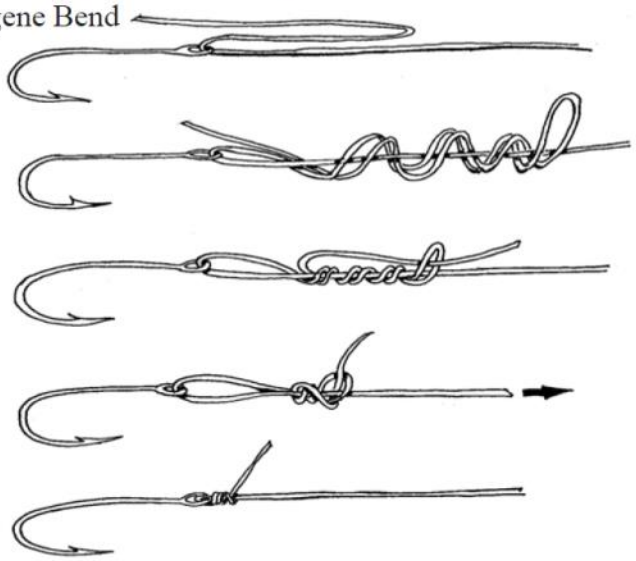
Backing To Flyline

Simple Nail Knot



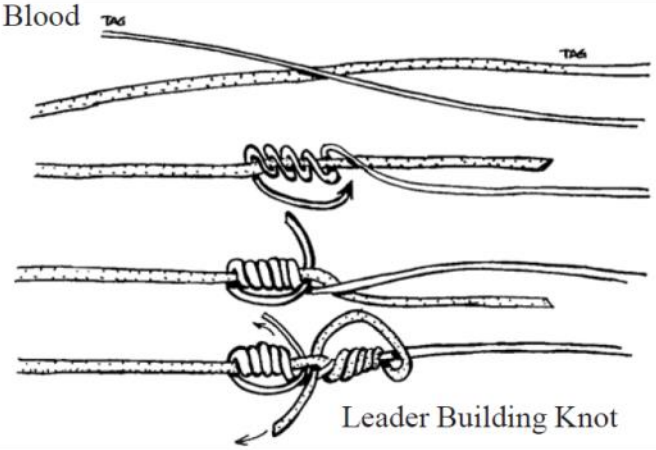
Fly Line To Leader Butt

Eugene Bend



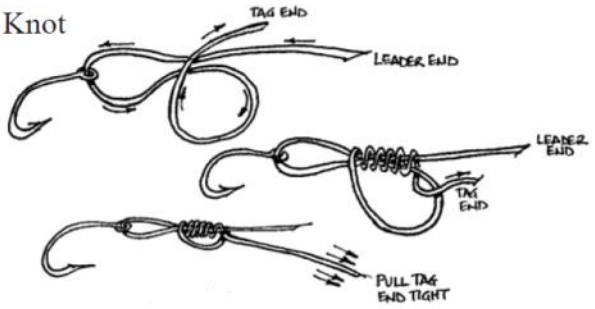
Fly To Leader/Tippet

Blood

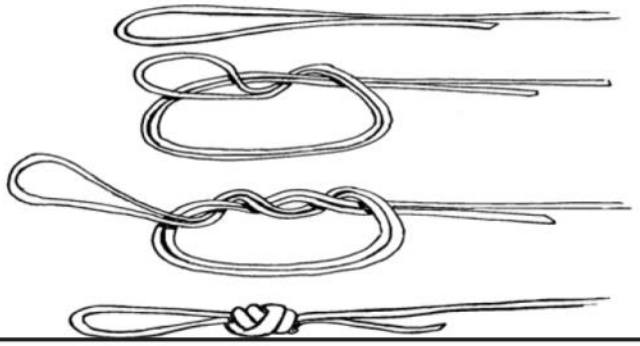


Leader Building Knot

Uni Knot



Surgeon's/Double-Overhand (Loop to Loop Connections)



This Month's Outing....

Matanzas Inlet St Augustine

This month the Club will be fishing within the shadows of Fort Matanzas, the fort built by the Spanish in 1742 to guard the rear entrance to St Augustine. We will be e heading to the Matanzas Inlet and Rattlesnake Island to fish for redfish, flounder, trout, jacks and bluefish. The nice thing about this outing location is that there are places to wade-fish as well as to launch a boat.

Members can launch a boat from Bings Landing of Devil's Elbow. Both ramps charge a usage fee. If you have a canoe or kayak, you can launch from Rattlesnake Island. Or if you prefer, you can walk the shoreline along the island and inlet. With the inlet nearby, this is a bait rich area. In addition to the usual fare of redfish and trout, anglers have also caught crevalle jack and bluefish.

The details of the outing are still being finalized. More information about the outing will be available at the May meeting. Keep an eye out for an email with the date and time for the outing.

Photograph Credits

The bonefish cover photograph as well as triggerfish photograph on page 12 of the April 2017 newsletter were mistakenly credited to Kevin Becker. Both photographs were taken by photographer Mike Edgerly. FCFF regrets the error and thanks Mr. Edgerly for his understanding.

Matanzas Inlet

Tibor Signature 11/12

Act fast before she is gone! We have this reel at
20% OFF for a limited time while supplies last!

Redington Rise 7/8

Act fast before they're gone! We have these reel at
40% OFF for a limited time while supplies last!
WAS $209.00/ NOW $125.99

Blackfly Outfitters
11702 Beach Boulevard, Ste 109
Jacksonville, FL 32246
(904)997-2220
www.blackflyoutfitters.com

Scenes from the April Outing at Tomoka River State Park

A handful of members made the one-hour trek to Tomoka River State Park in April. They were rewarded with bluebird skies and a couple of snook and a snapper.

Capt. John Bottko

the salty feather

(904) 757-5757 Or (904) 997-2220

DUM Fish

MAKE ME LOOK GOOD

APPAREL AND SPORT FISHING NETWORK

WWW.DUMFISH.NET

MAY 2017 TIDES JACKSONVILLE (MAYPORT BAR PILOT DOCK)

DATE		TIME	HEIGHT		DATE		TIME	HEIGHT		DATE		TIME	HEIGHT	
5/1/2017	Mon	1:15 AM	5.3	H	5/14/2017	Sun	5:04 PM	0.4	L	5/23/2017	Tue	6:57 AM	4.6	H
5/1/2017	Mon	7:21 AM	-0.2	L	5/14/2017	Sun	11:58 PM	4.7	H	5/23/2017	Tue	12:46 PM	-0.7	L
5/1/2017	Mon	1:48 PM	4.5	H	5/15/2017	Mon	6:02 AM	0.5	L	5/23/2017	Tue	7:30 PM	5.4	H
5/1/2017	Mon	7:32 PM	-0.1	L	5/15/2017	Mon	12:23 PM	4.1	H	5/24/2017	Wed	1:30 AM	-0.6	L
5/2/2017	Tue	2:16 AM	5	H	5/15/2017	Mon	5:43 PM	0.6	L	5/24/2017	Wed	7:53 AM	4.6	H
5/2/2017	Tue	8:27 AM	0	L	5/16/2017	Tue	12:37 AM	4.6	H	5/24/2017	Wed	1:38 PM	-1	L
5/2/2017	Tue	2:53 PM	4.4	H	5/16/2017	Tue	6:43 AM	0.6	L	5/24/2017	Wed	8:24 PM	5.6	H
5/2/2017	Tue	8:42 PM	0.2	L	5/16/2017	Tue	1:05 PM	4.1	H	5/25/2017	Thu	2:25 AM	-0.8	L
5/3/2017	Wed	3:21 AM	4.9	H	5/16/2017	Tue	6:30 PM	0.7	L	5/25/2017	Thu	8:49 AM	4.7	H
5/3/2017	Wed	9:29 AM	0	L	5/17/2017	Wed	1:18 AM	4.6	H	5/25/2017	Thu	2:30 PM	-1.2	L
5/3/2017	Wed	4:01 PM	4.5	H	5/17/2017	Wed	7:30 AM	0.7	L	5/25/2017	Thu	9:19 PM	5.7	H
5/3/2017	Wed	9:49 PM	0.2	L	5/17/2017	Wed	1:51 PM	4.1	H	5/26/2017	Fri	3:18 AM	-1	L
5/4/2017	Thu	4:27 AM	4.8	H	5/17/2017	Wed	7:24 PM	0.8	L	5/26/2017	Fri	9:45 AM	4.7	H
5/4/2017	Thu	10:27 AM	0.1	L	5/18/2017	Thu	2:05 AM	4.5	H	5/26/2017	Fri	3:21 PM	-1.2	L
5/4/2017	Thu	5:05 PM	4.6	H	5/18/2017	Thu	8:21 AM	0.6	L	5/26/2017	Fri	10:13 PM	5.7	H
5/4/2017	Thu	10:51 PM	0.2	L	5/18/2017	Thu	2:42 PM	4.2	H	5/27/2017	Sat	4:11 AM	-1	L
5/5/2017	Fri	5:28 AM	4.7	H	5/18/2017	Thu	8:25 PM	0.8	L	5/27/2017	Sat	10:41 AM	4.6	H
5/5/2017	Fri	11:20 AM	0	L	5/19/2017	Fri	2:58 AM	4.5	H	5/27/2017	Sat	4:14 PM	-1.1	L
5/5/2017	Fri	6:03 PM	4.7	H	5/19/2017	Fri	9:13 AM	0.5	L	5/27/2017	Sat	11:08 PM	5.6	H
5/5/2017	Fri	11:49 PM	0.2	L	5/19/2017	Fri	3:39 PM	4.3	H	5/28/2017	Sun	5:05 AM	-0.9	L
5/6/2017	Sat	6:22 AM	4.6	H	5/19/2017	Fri	9:29 PM	0.6	L	5/28/2017	Sun	11:37 AM	4.6	H
5/6/2017	Sat	12:11 PM	0	L	5/20/2017	Sat	3:58 AM	4.5	H	5/28/2017	Sun	5:10 PM	-0.8	L
5/6/2017	Sat	6:54 PM	4.9	H	5/20/2017	Sat	10:06 AM	0.2	L	5/29/2017	Mon	12:03 AM	5.5	H
5/7/2017	Sun	12:42 AM	0.1	L	5/20/2017	Sat	4:40 PM	4.5	H	5/29/2017	Mon	6:03 AM	-0.6	L
5/7/2017	Sun	7:10 AM	4.6	H	5/20/2017	Sat	10:32 PM	0.4	L	5/29/2017	Mon	12:34 PM	4.5	H
5/7/2017	Sun	12:57 PM	-0.1	L	5/21/2017	Sun	5:00 AM	4.5	H	5/29/2017	Mon	6:11 PM	-0.5	L
5/7/2017	Sun	7:40 PM	5	H	5/21/2017	Sun	10:59 AM	-0.1	L	5/30/2017	Tue	12:58 AM	5.2	H
5/8/2017	Mon	1:31 AM	0	L	5/21/2017	Sun	5:39 PM	4.8	H	5/30/2017	Tue	7:04 AM	-0.4	L
5/8/2017	Mon	7:54 AM	4.5	H	5/21/2017	Sun	11:33 PM	0.1	L	5/30/2017	Tue	1:33 PM	4.5	H
5/8/2017	Mon	1:40 PM	-0.2	L	5/22/2017	Mon	6:00 AM	4.5	H	5/30/2017	Tue	7:17 PM	-0.1	L
5/8/2017	Mon	8:22 PM	5	H	5/22/2017	Mon	11:52 AM	-0.4	L	5/31/2017	Wed	1:55 AM	5	H
5/9/2017	Tue	2:17 AM	-0.1	L	5/22/2017	Mon	6:36 PM	5.1	H	5/31/2017	Wed	8:05 AM	-0.2	L
5/9/2017	Tue	8:35 AM	4.4	H	5/23/2017	Tue	12:33 AM	-0.2	L	5/31/2017	Wed	2:34 PM	4.5	H
5/9/2017	Tue	2:19 PM	-0.2	L										
5/9/2017	Tue	9:01 PM	5	H										
5/10/2017	Wed	2:58 AM	-0.2	L										
5/10/2017	Wed	9:13 AM	4.3	H										
5/10/2017	Wed	2:55 PM	-0.2	L										
5/10/2017	Wed	9:38 PM	5	H										
5/11/2017	Thu	3:37 AM	-0.2	L										
5/11/2017	Thu	9:51 AM	4.3	H										
5/11/2017	Thu	3:28 PM	-0.1	L										
5/11/2017	Thu	10:13 PM	4.9	H										
5/12/2017	Fri	4:14 AM	0	L										
5/12/2017	Fri	10:28 AM	4.2	H										
5/12/2017	Fri	3:59 PM	0	L										
5/12/2017	Fri	10:47 PM	4.8	H										
5/13/2017	Sat	4:49 AM	0.1	L										
5/13/2017	Sat	11:05 AM	4.1	H										
5/13/2017	Sat	4:30 PM	0.2	L										
5/13/2017	Sat	11:22 PM	4.8	H										
5/14/2017	Sun	5:25 AM	0.3	L										
5/14/2017	Sun	11:43 AM	4.1	H										